

# A SPIRITUAL APPENDIX

An excerpt from



## THE TOTALITY OF GOD AND THE IZUNOME CROSS

Unlocking the Secret to the Riddle of the Ages

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*Author's Note: When Footnotes 54 and 55 were written to address and expand upon my bringing up the immortal human soul just prior to the Metaphysics Within Quadrality, I said they may be thought of as a spiritual appendix that could have been added to the end of the ~~1825~~. They had been left as footnotes so they would remain placed properly with respect to the main text and be considered in its context. At the time, I was rather surprised, and I must admit somewhat reticent, to be offering my thoughts on a subject as speculative as the spiritual nature of the Universe. But several years later, when I found myself writing the essay "A Soul's Journey – the Story of Life drawn from A SPIRITUAL APPENDIX," I realized just how profound was God's Plan and the way my part in it had been directed. The significance that section went on to achieve in my work warrants this presentation of it as a stand-alone article. The year designated above reflects when it first appeared as part of a copyrighted version. Though this article includes all later revisions, they came mainly in the form of clarifications; the essence of its truths was established then and most of the original remains.*

### A SPIRITUAL APPENDIX

*54 I will address my use of the word "Soul" in the next footnote. For now, please allow that its application may conflict with your present beliefs on the subject. Hopefully later, the word will be less important than the principles that using it will enable me to convey.*

*(I don't mean to imply here that only a human soul is immortal. According to a belief upheld by many ancient and modern doctrines on Eschatology – or literally, according to Encarta, "discourse about the last things," the final stage of the world, and life after death – all tangibility, even the non-living, has a consciousness attached to it commensurate with its physical form. And each individual consciousness, which some refer to as its soul,*

could be capable of rebirth, perhaps even to a spiritually higher or lower form, depending on the consciousness and conduct of its present physical form. I'll offer my personal thoughts on the possible mechanics later within A SPIRITUAL APPENDIX, though how that particular process may occur of course could only be conjecture; for, Immortality is one of the great spiritual mysteries of the Universe. And I acknowledge that some belief systems do not endorse Reincarnation. But, just as there is the possibility that Man genetically evolved from Animal, so may we have spiritually evolved, although, as we shall see in the next footnote, the manner of evolution is not the same.

It is my belief that any observable physical phenomenon has a physical explanation. Evolutionists offer the gradual mutation of animal DNA to explain our physical evolution. In other words, at some point animal DNA ceased being only that and had become what a scientist would acknowledge as human. However, assuming such was the case, there must also have been what I'll refer to as our spiritual evolution, which these changes in genetic coding were actually mirroring. After all, we know anything that occurs in the physical world also has a spiritual counterpart preceding it. While physical evolution falls within the realm of the explainable in Nature, spiritual evolution has no such tenable explanation to account for the quantum spiritual leap between Beast and Man (55), and must therefore be left up to the Hand of the Divine. But, both must have played their role in Humanity's eventual appearance on this planet, since a living human body doesn't exist until, and unless, there is a human soul in charge. Soul establishes one's spiritual identity.

I feel the apparently divergent creation-evolution opinions, based on either Spiritual or Physical Truth, are not mutually exclusive, despite their belief systems seeming to be so. Creationists believe that Man evolved from nothing, or no other thing; that one day God snapped His fingers and we appeared. This would be consistent with their view of a God who exists in a personal form with the power to manifest something from nothing, who has taken part and continues to actively participate in the affairs of Man. Still, there are billions of others with an equally valid understanding of a single universal Essence without Personality – or Godhead – that offers no such active participation beyond the initial creating event. No one can deny that these believers also exist, and thus were created according to Spiritual Laws that must accommodate other physical viewpoints associated with God than the Creationist's. As a result, while such can be valid in specific cases, a universally acceptable application of the phrase "God's Participation" may exist solely at the intangible, spiritual level. There, no physical personality is in conflict and the creation of something from nothing is Reality, not Illusion – as it is in the Physical Realm.

Newtonian physics provides for the Physical Realm reality that something becomes something else. To say nothing became something would be contrary to the physical laws scientists know govern tangible life. [For now we'll overlook the probability of the quantum world.] At the same time, these laws are inadequate to explain the creation of a new soul that can come into Tangibility at the moment of conception, where no such spiritual entity existed before. From a metaphysical perspective the sperm and egg, prior to joining to form the zygote, separately contain the spiritual essence of the father or mother, respectively; and, the creation from these two physical entities of a zygote is scientifically explainable. But once joined, the unique soul of the now fertilized egg suddenly appears, out of spiritual nothingness, to take its rightful place as the spiritual aspect of this physical something – the newly formed potential human being. [As we'll learn in the next footnote, reincarnation is a phenomenon of Mind, not Soul.]

For the **Book of Genesis** and **Origin of the Species** to be symbolically describing the same process would imply their reflecting a common Truth, even if their versions of that Truth appear to contradict. To make a comparison, though, it couldn't be at the spiritual level, since Science doesn't attempt to account for a soul it can't prove exists and therefore

has no spiritual belief about. If one party feels the soul doesn't exist, or can be explained away as an aspect of mind, then any discussion of it is moot. Thus, it is in their physical viewpoints where the discussible differences occur, since Religion and Science both have those. But, one is founded on Spiritual Truth, or Divine Light, the other on Physical Light, or Universal Truth. You could say that the former has merely chosen to call the first humans to appear Adam and Eve and give that credit to God – thereby satisfying a something-from-nothing spiritual archetype – since the souls that define them as such came into being in exactly that way. However, its accompanying physical archetype includes this something-from-nothing philosophy in the tangible manifestation of bodies, as well.

But as there are two sides to every coin, which function on their own but can't do so without the other, each has the right to assert their particular role in it. If Creationists wish to maintain that God's role came first, Evolutionists can concede that point, and even the Spiritual Law of Order it's based on, without conflicting with a something-from-something physical archetype that may associate the Physical side of the Law of Order with evolution. Belief in an initiating God doesn't negate the eventual physical process. However, Creationists should also then be willing to concede that evolution could have been the tool God used to manifest our appearance in a physical world where physical laws must be followed. Accepting the possibility of physical evolution doesn't dismiss a something-from-nothing spiritual archetype that associates the Spiritual side of the Law of Order with creation. Physical laws don't negate God's participation in creation, or the allegorical lessons the Creation Story can teach us.

As with a real coin, neither side of the creation-evolution coin can offer a complete picture of the coin itself. Creationists can't prove the soul's existence, and evolutionists have found only limited evidence for the "transition species" mandated by Darwinism given the myriad of fossils that indicate the sudden appearance of species. However, studies of the microcosm are offering models for consciousness, which some scientists liken to soul, and studies of the macrocosm indicate the formation of life's building blocks is much less improbable than spiritualists have argued. It is as if they were meant to come together in certain ways, substantiating my belief that genetic events are spiritually foreshadowed. Hence, evolution required relatively few intermediate forms to exist compared to the species found in the fossil records, which would help explain the paucity of their preservation in the records. The natural occurrence of this lack of intermediate forms is analogous to how electrons can only exist in specific energy states without discernible intermediate positions.

Before closing, I need to return to the first side of the coin to add a brief defense of the Creationist's spiritual position on the existence of a God you can't scientifically prove. I'm a scientist, and I appreciate the sense of accomplishment that comes with figuring something out. However, as a spiritualist, I am also grateful to have a God to whom I can attribute the unexplainable. To the scientist who feels that only within the experiential lies Reality – and therefore a belief in a God serves no purpose – I say: you don't have to see or explain It to have a personal experience of It. It comes to you even when there is no belief. However, you need to have faith that It exists to feel the effects of Its Light in your life. That, too, is Universal Truth. Only by believing in it can you prove it to yourself.)

55 (I would like to offer some additional thoughts on spiritual evolution. For the Soul of Man to exist, it may have required no evolution in the sense that we understand it. [I have deliberately chosen to use Soul in this context and not Spirit, since Spirit, as I've defined it, includes the energy of the Heart, which means that the descent into Tangibility through Spiritual Diversification has already begun as the Collective "All" of God becomes the Self within each Human.] Evolution can be interpreted as the word we use in the Physical Realm to describe progressive changes in states of matter. But evolution, as such, may be meaningless to the highest vibrations within the Spiritual Realm where there is no tangible

state to evolve from, or to. Moreover, just as there is a Law of Conservation of Energy that applies in the Physical Realm, I believe there is a comparable Law of Conservation of Soul preceding and governing it in the Spiritual Realm:

*All the Soul that ever will exist, does so now, and always has.*

Therefore, like the Tangibility that mirrors it, Soul, too, merely exchanges with another form of itself – and that includes the Soul of Man. The difference, of course, is that while the Universe’s Energy, though enormous, is Finite, Divine Soul, or God, is Infinite. While the Soul of each being is created according to Spiritual Laws that allow for the Part to never diminish the Whole, its human manifestation must also occur in conjunction with the Physical laws applicable to physical evolution. And changes in physical state require, aside from tangible space, the transpiration of linear time. However, neither tangible space nor linear time has any meaning in the realm where only the Soul of God resides.

It may have taken Matter in the Universe 15 billion years or so to evolve to the point where Man could finally exist on Earth [including the 4.65 following the Earth’s origin], but the intangible Soul of Man existed as part of Divine Soul from Spiritual Moment One. So, genetic evolution, working within the framework of the exchange of Energy between States, may have made possible the manifestation of the DNA structure of the human race. But this incredible, highly evolved double helix was actually mirroring the intangible potential that had waited all that time to finally come into tangible actuality, not through an explainable, physical process of evolution, but through a much more mysterious, spiritual one. Regardless of how you envision the process whereby a new spiritual entity comes into being, it instead becomes an exchange of Soul between Realms. At the termination of any form of tangible life, its physical component returns to the collective aggregate of Energy and Matter within the Universe, and thus finds reuse through a new, finite existence governed by Temporal laws. Its spiritual component instead returns to Divine Soul, to play out an afterlife through infinite existence according to Eternal Laws that those of us in the finite world can only speculate upon. It has been the role of Science to find the Evidence to explain evolution in the context of an observable exchange between Energy and Matter. Religion, on the other hand, has been left with the task of accounting, through Faith alone, for the unobservable exchange between Intangible and Tangible.

*[It looks like this footnote is going to be a long one, much longer than originally written. But the little voice inside that guides me whispered that some additional things needed to be said. And, I couldn’t refuse Him.]*

The exchange of Energy between States is a physical process that can be observed, quantified, analyzed and precisely reproduced using proven scientific formulas where there are two sides to an equation with an equal sign between them. But, while this can be done for Energy, not so for Soul. The exchange of Soul between Realms can’t be explained in such a neat, formulaic way. Too many speculative variables are involved. For instance, what happens to the Individual Personality once it merges with the Group Essence? How does it maintain its personality, if indeed it does, during the transition in and out of Intangibility? [Of course, without the continuation of some aspect of personality through spiritual transference, certain things would be difficult if not impossible to explain. Cases in point are child prodigies apparently born with a gift or an ability that can’t be accounted for through Heredity, and the verifiable memory that a few individuals have had of a previous life.] And once a personality has been formed, can it alone then merge with, or evolve to, another – or even more than one? And how is it that souls, upon becoming tangible in human form,

can seem to be interacting according to a plan some higher authority made, or that they even mutually agreed upon, prior to Tangibility – a plan that may even seem to have transpired over several different lifetimes?!

I realize that many will say such a preexisting plan doesn't exist; but, perhaps they say that because they've never given themselves the permission or opportunity to see it as such. I have, and there is no one that can tell me that what I've experienced isn't valid, at least for myself. Some may even wonder if the Buddha realized the incredibly important role he would play in the course of human history and questioned why he had been the one apparently selected to awaken Humanity to understanding its self-responsibility for individual and collective well-being? This would be despite the fact that Soul, and thus Brahman Predestination, meant nothing to him. And others may wonder, even still, what drove him inside to do any of this? He could have had a physically very pleasurable life. What made him feel it wasn't enough, and then be willing to sacrifice everything to share his message with the world? [We'll expand on all of this in a moment.]

There is another question concerning the continuation of individual personality that I find especially intriguing. It is that spiritual transferal seems to be independent of physical gender. In other words, a male in one life may become a female in another, and *visa versa*. The solution to this query may lie in the androgynous nature of the Intangible Soul. This quality was brought to my attention at a lecture hosted by the **Metaphysical Center of New Jersey**, and given by Lynne Salomon Miceli on Edgar Cayce, 20<sup>th</sup> century American mystic and most documented psychic in history. Such androgyny was his contention; but, that conclusion seems quite reasonable to me in the light of the work covered in this book. The Principles of Female and Male were established in the Spiritual Realm, where both simultaneously and universally coexist. Male and female as separate entities are only needed in the Physical Realm to satisfy the physical laws surrounding procreation. [The androgyny of Spirit was implied in [Figure 6](#) and Footnote 49, pp. 71-72, where I explained that the Sceptres establish the Root Planes and then step aside to allow Energy and Matter to create the Tangible Universe. The intangible Principles of Female and Male, placed on either side of the **Balancing Center** in that chart, serve to illuminate the Spiritual vs. Physical alignment of the Root Planes in **Quadrality**. Either Principle can uphold ideological male and female alignments with the **P.E.F.** as well as behavioral alignments with the **A.E.L.**]

These are among the multitude of questions that the philosophers inside us could spend a lifetime debating. For instance, I also often wondered how Reincarnation, through any direct one-to-one correlation, could alone account for the increased population of this planet, which now number in the billions. By either Creationist or Evolutionary models, it all began in Tangibility with as few as two. Where did all of those souls come from? Were they individually created from **Spiritual Moment One**, or did God just slice Himself up into pieces as needed? [And as I'll soon propose, it isn't even a previous soul that's reincarnating!] Still, in the creation of all those billions, God has never been diminished in the slightest. What theorem has a proof you can construct to explain that? Could Man, for instance, be a dimensional shift or lower frequency God creates within Himself during **Spiritual Diversification** that somehow allows the part and the whole to coexist? Such a premise makes sense to me. But if, in fact, this is how it occurs, the science that's involved can't be found in the Physical Realm! [A very powerful physical parallel does exist in **Wave Theory**, and it will play an important part in my later explorations of **Quadrality**. Nonetheless, no physical explanation could really do justice to a spiritual mystery like the Holy Trinity; and that is the understanding I am attempting to convey here.]

So, if Reincarnation actually does take place, it must be possible for at least some aspect of previous human lives to make the rather circuitous route into new human bodies. But, there's no formula that can unequivocally account for that process, either. Nor is there

one to explain those newly born human beings whose first tangible form wasn't as such. [Couldn't it be possible that a brave or loving pet, in its next life, might get promoted?]

We may suppose that either the genetic coding within DNA somehow calls forth from Divine Soul its spiritual counterpart; or, perhaps the Soul itself makes possible, through selection of Heredity and Environment, the specific physical form it will need to accomplish its divine mission. Regardless, there's no way that I, or, I believe, anyone else, can quantitatively prove how the end result gets accomplished. My guess is that it is primarily the doing of the Individual Soul, under the guidance of its Divine Father who understands its place within the Big Picture. After all, Spiritual precedes Physical. There is one thing, however, that I do feel confident in stating, which occurs whether it is the DNA, the Soul it mirrors, or the two somehow working together that initiate an individual human existence. It is that the newly born Spirit and Material are co-created from the very first cell of gestation. Granted. I can't prove this, either. But, it seems to naturally follow from the laws that we know govern the Spiritual and Physical balance within the Universe.

I don't think it is necessary for me to go into all the ramifications that my last statement implies within a litigious society. However, I will offer this. I personally believe that abortion is a moral choice, and that morality isn't meant to be legislated; it's meant to be lived – by each according to their own Voice of Wisdom. The ability to make a choice based upon a personal moral code is a God-given right, even in this case, triable in no court other than His. But, one's code should be based on Spiritual Truth, not merely created for convenience; and, those who choose to end a potentially self-sustaining life thinking no soul is attached until it leaves the mother's womb, are making a sadly erroneous assumption. It may not be fully manifested, like the embryo it accompanies. But, it's there, nonetheless, even if only as a purpose yet to be realized. The discovery, and realization, of that spiritual purpose is the mission of the particular human embodiment chosen by each soul to perform its God-assigned task in the physical world. Any choice we make to interrupt this process in any way may have irreparable repercussions. Will that soul's mission ever be resolved? Or, was it brought into the Physical Realm solely to teach us a lesson about the sanctity of life, and give us the opportunity to choose it? Therefore, we need to think carefully about choices such as these before we make them. Now, I'm sure that a loving God would look with compassion at a choice made in pain, but if He were to judge your particular situation, how would He really feel about the reason for your decision?

The Universe started with Unity in balance with Root Duality. Thus, while Morals and Ethics can support one another with similar Values and Principles, often they're meant to remain separate. But, that doesn't mitigate one's spiritual accountability for a physical choice made. Therefore, I also believe that while God is allowing us the ability to make our own choice, He is expecting us to learn how to make spiritually correct and responsible ones. It is one of Humanity's most important collective missions, and one that I trust will have a great impact on the future of all life on this planet. God expects this, not for His benefit, but for our own – because He loves us and knows that we are the ones who must live with the spiritual and physical ramifications of our individual and group choices. I also feel He realizes that when Choice is removed, the Empowerment we would receive from making the right one is never possible:

*The potential for Evil must exist or there is no choice for Good.*

If Good then comes, it isn't because we chose it, and our Soul never got the chance to build its Spiritual Muscle – Discipline. Think about it. We would not have an adult immune system capable of warding off disease if it had never been built up encountering sickness as an infant. Our Soul deserves no less an opportunity. Spiritual infancy can occur at any

moment in one's life when it is faced with a new opportunity, or reason, to choose Evil. The choice for Good turns that infant within us into a spiritual adult, stronger for the encounter, and better able to withstand the next assault on our Morality or Integrity.

Before I close this already lengthy footnote, it is important to address the following. I realize that this discussion about God and Soul, and probably, as a result, also much of this book, has come into conflict with the beliefs of those who practice the most traditional forms of Buddhism, since the Buddha did not acknowledge that either of them existed. I still intend to discuss this further in the *FOURTH VERSE*, but felt that I better touch on it here hopefully before anyone has closed this book without understanding the point I've been trying to make throughout it. I'm using words like God and Soul [and even Divine Father, with the various qualities of personality I've ascribed to Him] as my personal preference, more for convenience than literalness. It allows us to discuss these intangible principles by anchoring them to tangible concepts that each of us has some opinion about, for or against.

By my understanding of his life, when the Buddha was developing his philosophies regarding the existence of God and Soul, he was doing so 2500 years ago in the context of an Eastern culture that had very specific teachings on those subjects. These teachings were physically maintained in social patterns, like the caste system, that seriously conflicted with his ethical standards. The Buddha was attempting to rationalize, or justify, the wisdom that was coming to him in that Hindu context, and couldn't. Therefore, he discounted any Faith-based God and Soul, and attributed all properties someone at that time would normally associate with those words to the experiential Mind, including Karma and Reincarnation [which Buddhists often refer to as Transmigration].

So, in light of this, how can I incorporate a traditional Buddhist viewpoint into any worldview of God, since the Buddha's teachings obviously conflict with the Eastern philosophies that predate his, and bear even less of a comparison with those of the West? [I'm sure that there are readers among you who laughed at the apparent ridiculousness of the philosophical questions I earlier proposed, based on what they already believe.]

However, I've hoped to do so not by focusing on any literal definition for those words but rather by addressing what their energies represent. My feeling is that you won't find what you're not looking for because your Mind's eye won't see it; and the Buddha was looking for a way to justify Soul experientially, not through Faith. [He also lived 500 years before a Western society would have a living Personality for God that they could attach a tangible name and face to, and who had led a life that would affect His world as greatly as the Buddha's did in the East.] The Buddha may have been the world's foremost spiritual scientist, since his approach is one that could easily be attributed to modern science; and many contemporary Buddhist teachers use 20<sup>th</sup> century developments in Science to back up his intuitions. Therefore, the Buddha was looking for his answers in the tangible world, and the highest tangible energetic vibration in that world is the Mind, be it the Universe's collective, or his individual. The Mind provided him with all he needed to account for God in any creative sense, perhaps by reasoning that the Mind has the power to manifest in the tangible world whatever it can think of and believe in – a common theme in metaphysics today. He also taught that the Mind contained an intangible aspect [which one could support by physical evidence for the occurrence of Transmigration], with the ability to exist beyond any temporary material body housing it. This accounted for Soul. His final conclusion may have been: why believe in anything you can't prove and apparently don't need? He continued to build upon these understandings and develop the *Eightfold Path* – a set of guidelines for right living. These had the ability, when followed as he prescribed, to transform a person's life from one filled with suffering that was inevitable based on our physical nature – inherent to it and universally found – to one of incredible bliss once that nature had been overcome. And everything that he concluded to be true, was, according to

Truth revealed through the criteria he'd established. It worked for him, and has for all the masters who have similarly sought Nirvana through self-perfection.

Thus, within Tangibility the Buddha was able to find plausible explanations for the things that in the past had to be left to Faith. In this way, the Buddha really was the first to open up the tangible Mind of Man to the Wisdom within Intangibility. But that Wisdom, I believe, is what the Soul of God really contains: the **Fundamental Rules** that the entire Universe plays by, put in place before there was even any game to play.

The Buddha arrived at his truth following the assumption that God and Soul had to be accounted for in Tangibility, since, for him only the experiential was real. In fact, he urged his followers to test all things, including his own teachings. Prior to his awakening, God and Soul had often been attached to a personal form, as in the various personalities associated with Hindu mythology. But even so, they could only be proven on the basis of Faith. This was unacceptable to the Buddha. All aspects of Reality had to be tangibly explainable; and that required Evidence, which was derived through the things one had actually experienced. Thus, the only reasonable deduction, as far as he was concerned, was that since he had no experience of a personal God or Soul, they therefore didn't exist.

What may constitute tangible experience is of course open to conjecture, as is what may be considered evidence. But if scientific proof of God without any connection to faith is required, then the Buddha's conclusion is reasonable. However, the conclusion I've come to is that God and Soul do exist, as long as you're open to the possibility that there is more to what is around us than what we're able to prove. My contention is that there are intangible energies that permeate the tangible Mind and Body. They are the Intangible Soul and Heart, which can only be processed in a tangible world through their tangible partners as part of the subtle interaction between realms in **Quadrality**. The Tangible energy of the Heart can be physically felt in the Body through Emotion, but that of the Soul can't. It needs a totally clear Mind to bring it from Intangibility to Tangibility. Perhaps that's why the Buddha concluded there was only Mind – because he was using his Mind to connect to the Wisdom within his own Soul. [And that Wisdom drew from a source that contained more than his experiential Mind could ever know.] Thus, Soul and Mind are forever powerfully linked through Wisdom and Clarity, tools the Buddha taught, as I do now, we can use every day of our lives to bring happiness to it:

You have to get clear in your Mind so you can see your experiences for what they are, and then develop the Wisdom Within to accept the Truth they're trying to reveal to you.

You might ask, as I said the Buddha perhaps did, why believe in or discuss that which you can't prove and don't need to explain your experiences? The reason is that, though you may choose to ignore them, things that don't make sense and don't follow the laws of logic happen constantly as part of our experience. I'm not just talking about things like synchronicity or miracles. But, one of Sigmund Freud's innovations in the field of psychoanalysis was the recognition that unconscious psychiatric processes occur according to laws different from those of conscious experience. We'll later learn that a parallel variation in laws occurs as you go from the Physical to the Spiritual Realm. And we'll see, as we explore what they mean in terms of a range of values, Freud's unconscious mind may not be soul in its purest sense, but we are getting increasingly close to it!

So, let's discuss the relationship between Soul and Mind a bit further. The Buddha couldn't acknowledge Soul based on what that word meant at the time and therefore found justification for apparent spiritual experiences through qualities of Mind. To better understand his position, I'll attempt to paraphrase, in the light of my own work, a modern interpretation concerning his teachings on the transferal of Mind that I came across at

<http://www.buddhanet.net/ans25.htm> and <http://www.buddhanet.net/ans26.htm>. The Personality-Mind exists in Tangibility as the memory within one's brain, which ceases to exist after physical life ends. However, there is also an Intangible aspect to this Personality-Mind. It has the ability to live beyond the Tangible Body as mental energy, taking with it whatever it absorbed in the previous life, traveling through space like radio waves until it is picked up by a fertilized egg to begin a new life, residing, finally, in the embryonic brain. Thereafter, this reborn Personality-Mind, through interaction with its present non-transferable Environment-Mind, becomes a new transferable Personality-Mind, to continue along in this cycle from life to life according to Karmic Law.

I definitely concur that energy is the way the Soul communicates with DNA, and I believe Buddhists may find themselves in conceptual agreement with my earlier speculation concerning a spiritual counterpart to our personal genetic code. However, some truth seekers might refer to a mental energy that can exist in Intangibility until it is reborn into another being, as a part of its Soul. [The two will be differentiated, shortly.]

I'll now clarify my position, based on the Spiritual/Physical Principle of Quadrality I'm developing throughout this book. **Quadrality**, in the Spiritual Realm, satisfies all the philosophical requirements for Intangibility, be they energy fields or ancient elements, and in the Physical Realm it satisfies all the scientific requirements for Tangibility. Physically speaking, all life starts with One cell; that then becomes Two – its **Spiritual Pulse** – the Up and the Down; and that then become Four – its **Physical Beat** – the One, Two, Three, and Four! Once you get beyond the first cell, everything becomes a multiple of Duality and Quadrality. Thus, everything has two aspects – an Intangible that precedes the Tangible – with each of those being an amalgamation of Four. Although I referred a moment ago to Intangible Soul and Heart in subtle balance with Tangible Mind and Body, all four **Spiritual Alignments** from [Figure 2](#) have intangible and tangible counterparts, about which I'll share my thoughts with you now. For instance, Intangible Soul actually has an Intangible Mind in balance to it. Each aspect serves a different purpose.

Intangible Soul is the Essence aspect of self, the part that connects us to the Divine Soul permeating everything, and thus contains Divine Wisdom, the Truth of which we have no experiential knowledge but is known only through Will. Will isn't the key to mastering how to get what you want. The fulfillment of physical **Desire** can be a very rewarding thing, but to be always seeking that at the expense of your higher self would take you down a very negative, undisciplined and self-indulgent path. Will is about your personal truth – what's in your best spiritual interest; and learning how to be honest with yourself about that is one of the great lessons of the Buddhist Way. Will is also about Universal Truth – the principles that can provide a bountiful life. That's the internal Wisdom the Buddha drew from to develop his philosophies, and whether you care to believe it or not, I as well, for mine. [Rather than acknowledge Soul, perhaps the Buddha would say it came from Universal Mind.] Included in this Wisdom is the information the Soul needs for Incarnation – the process of transference through various tangible lives – as well as why it is doing so. That, I feel, is our divine mission, or **Spiritual Purpose** – the reason behind our need to manifest as physical beings. And that reason – spiritual elevation – goes much deeper than the resolution, as the Buddha explained, of past Karma.

Intangible Mind is the Personality aspect of self, energetically processed within the brain until the physical body no longer supports it and it must return into the Realm of Intangibility. Intangible Mind is the transferable intangible Personality-Mind Buddhists may speak of, and the personal unconscious of Jungian psychology, which is a part of and thus connects us with the collective unconscious – the reservoir of human experience. It includes our unconscious beliefs and memories, and their accumulated Karmic imprint, all passed on to the next life. Thus, Intangible Mind contains our incarnate mission, or **Physical Goal** –

the resolution of Karma through Rebirth. While one's Soul throughout a given life never changes, one's Mind must – its intangible as well as tangible aspect. Therefore, Karma is within the Intangible Mind, not the Intangible Soul, since Karma is a spiritual effect responsive to a change in physical cause. It then returns to the collective Intangible Mind upon death, except when delayed by unresolved negative Physical energy. This can be something an incarnation can claim no responsibility for [such as that resulting from unmitigated familial attachments or an unforeseeable traumatic death], or something for which the incarnation may be held responsible [such as a traumatic death resulting from negative life choices].

**Quadrality** exists as a *Potential* in the Spiritual Realm, but as *Actuality* in the Physical Realm – where Intangibility manifests its tangible aspects. In the previous footnote I stated that Soul established one's Spiritual identity. We can now add that this occurs in an intangible sense as the essence of self, and in a tangible sense as the essence of identity. In an intangible sense, it designates Soul as a general category, i.e., human, animal, plant, or mineral, with a commensurate Spiritual directive. In a tangible sense, Soul becomes more specific, i.e., my soul vs. your soul. Likewise, the Spiritual directive becomes more specific. Through Mind, one's Physical identity is established, also in an intangible and a tangible sense. Intangibly, it is the Essence of Personality not limited to present form; tangibly, it is the personality of your specific physical embodiment.

We've accounted for an Intangible Soul. But we can also identify a Tangible Soul, referred to in the last paragraph, with this having two aspects. One is that already mentioned – the energy surrounding an individual's DNA as its spiritual counterpart. That's the part of Soul that enables an Intangible Mind to tangibly renew, upon gestation, within its next incarnation; connects us in the Physical Realm to Intangible Soul, with the ability to tap into that fount of Wisdom within Will; and communicates to Intangible Mind our Soul's divine mission in a physical world – or, how we fit into the **Big Picture**.

This first aspect of Tangible Soul keeps us in touch with the Soul of God. It is the Original Wholeness we're all born with – the essence of God's identity within us. However, there is a second aspect that connects us with the Soul of Man – the essence of our human identity. This manifestation of Tangible Soul formulates its Wisdom through Intuition. [Will is the means to access Spiritual Truth. Intuition is the way we can apply that Truth to daily life situations.] It begins to mature within the first few years of life, and draws from Intangible Soul to provide us with the intuitive Wisdom we'll need to survive as human animals. Thus, these early formative years will seriously affect its maturation. More than just the logical instincts of Tangible Mind and the gut instincts of Tangible Body, the willful intuitions of Tangible Soul help us balance our Physical wants with our Spiritual needs. It may simply be referred to as **Desire**. When misdirected, it can lead us into the darker side of human existence – the selfish desires that the Buddha taught were at the core of all suffering. When enlightened, it connects us with the Divine. It then returns to the Intangible Soul upon Death, accompanied by the energetic record within Tangible Heart of how well its incarnation lived in accord with God's Will. Thus, when it comes time to pass into the afterlife, it is not God who serves as judge. We do it to ourselves, bearing energetic witness through the testimony of all contained within Tangible Soul and Heart.

There are likewise two aspects to Tangible Mind. First is the day-to-day processing of thought and storage of memory that occurs in the brain through physical, electrochemical processes within it in response to sensory input. One might call this the combined, non-transferable Personality-Mind/Environment-Mind of Buddhism, or the Ego/Conscious Mind of contemporary psychology. It can also be likened to the workplace for Freud's Id and Superego [the part derived environmentally]. Once brain function is gone, that aspect of Tangible Mind ceases to exist. In contrast, there is a second aspect of Tangible Mind that

remains in the Tangible Body, the energetic imprint of our life's experiences stored in our cellular memory, likewise accumulated and modified during the entire course of one's life. This aspect plays an important role in the Mind/Body connection while one is alive. But it is left to decay along with the matter it was stored in, and is non-transferable, except through the imprint left in Intangible Mind from the experiences collected in the tangible Personality-Mind, and modified, up until one's death, by the Environment-Mind.

Acknowledging these different aspects of Soul and Mind helps to explain perhaps the most intriguing scientific question one could pose regarding Reincarnation. If DNA reflects Soul, how can the same Soul be passed on to another person with different DNA? Intangible Soul contains the divine mission. It understands that such an accomplishment will require it to resonate with various DNA from one life to the next. As stated earlier, Intangible Soul contains the Wisdom needed to accomplish the process of Incarnation through many lives. Tangible Soul, then, is that part of Soul energetically capable of aligning to specific DNA – the personality of Soul. Still, it is still the Essence of identity. Tangibility allows Soul to become specific to an individual, but it does not maintain the physical personality. Mind ensures that. Intangible Mind accounts for karmic transferal. It is personality on that level. Tangible Mind is the personality of a particular incarnation. Although a specific personality doesn't transfer as such, its higher aspects, talents, predisposed tendencies, etc., can. In other words, when a person dies and reincarnates, that same tangible person hasn't been reborn. However, certain qualities might; and this accounts for individuals born with such talents or traits.

Obviously, it is impossible to establish a quantifiable line of demarcation between Intangible and Tangible aspects, whether in a group or its individuals, since all things exist within a multidimensional range of values. Nonetheless, it should be clear that it is the Personality of identity that keeps one connected to the Physical Realm and impedes the process of karmic resolution as well as governs the extent. The Personality of self doesn't get passed on until the previous Personality of identity has been sufficiently released.

Let me explain further. The transition of Intangible Mind into the Spiritual Realm and its transferal into a new incarnations isn't instantaneous. It first has to purify any negative energy preventing the transition. Then, karma still unresolved will be passed on. But even after transition has occurred, whatever identity a Mind has retained will keep it connected to the Earth plane until the time needed to release it has transpired. This would explain how true mediums can communicate with those who have made the transition, and the apparent interaction between realms those on the other side often describe.

When the karma of an Intangible Mind has been completely resolved in a given life, it reaches a high enough spiritual vibration, or essence without personality, to be able to merge with the collective Intangible Mind of God. It no longer has to reincarnate. How high or intangible that vibration might need to be is hard to say; certainly it's not so high as to be considered God, but high enough to be within harmonic proximity. In other words, even God has a range of values, and there is a state where one's Mind has purified beyond Physical Intangibility to continue its mission in the Realm of Spiritual Intangibility.

This would also resolve the question of the Source of new Mind incarnations. After all, if the Human Race began with as few as two beings, there is no other way to account for the billions that have since appeared except to see them in the context of God's Spiritual evolution from the One to the Many. Place the infinite frequencies of God's collective Intangible Mind at one end of the harmonic spectrum – the spiritually intangible – and the finite frequency of each individual Mind at the other end – the physically intangible.

And though its energetic range, and afterlife resolution, would be different, the same can be said of Tangible Soul. Humanity has a collective divine mission, which is contained within God's collective Intangible Soul. And there is work to be done by Soul at that level.

But, the carrying out of the collective mission in the Physical Realm requires specific souls with individual divine missions. Once accomplished, the Self can reunite with the Collective.

This covers Soul and Mind; but, Heart also has Intangible and Tangible aspects. Briefly, Intangible Heart is the Personality of Essence. It connects us to the Conscience of God – the Source of remorse and forgiveness – and tells us how Intangible Soul feels about the things we do. Consider it the part of *Superego* derived from God – cosmic vs. temporal conscience. Upon death, it returns to Intangible Soul as its physical planar balance. Tangible Heart is the *Passion* that drives our life, the things that get our juices flowing. That aspect of Tangible Heart teams with the *Desire* within Tangible Soul to become the two *Physical Cornerstones* of Spiritual Enlightenment, with a formidably vibrant power. It's not by accident that you often hear a successful person claim they put their Heart and Soul into it. Tangible Heart is also physically experiential through the Emotions accompanying Love and our experience of it, as well those surrounding our thoughts, words and deeds. It also balances the willful intuitions of Tangible Soul with its own heartfelt ones. By itself, it is *non-transferable*, except, as with cellular memory, through an imprint on Personality-Mind.

Lastly, let's explore Body. Tangible Body is the Physical Matter component of Body, the molecular Matter and Energy we're composed of – which is *non-transferable* and renews through decay. Its organs and parts perform the daily biological and operational functions surrounding physical existence, and it houses all other Aspects of Alignment throughout one's life. Tangible Body is also the ability and effort part of us that gets things done, making possible the achievement of our Physical Goals. This action can be deliberately initiated and directed through the deductive reasoning of Tangible Mind, or come as an immediate, biological response to the presence or threat of danger, driven by our need for Survival. There is also another type of powerful, event-instigated action that occurs not as an immediate response to danger, but more as a result of the integration of Tangible Soul, Heart, Mind, and Body. Then, we are relying on our holistic wisdom to help us choose an appropriate course of action in life. We often refer to it as our *gut instinct* due to the location of its Energy Center within the body. Called the 3<sup>rd</sup> Chakra in Hindu tantric rituals, it is the same in which the fear surrounding a crisis is centered. However, gut instinct relies on the positive side of Fear and Doubt to allow us to make a cautiously confident decision.

Intangible Body is the Spiritual Energy component of Body – the etheric energy pattern, or Aura, surrounding it. There is also a more tangible aspect of Intangible Body that some speculate can be observed upon death. Often thought of as one's ghost or spirit, and inappropriately referred to as soul, you might liken it to the physical karmic residue that must stay behind to release any negative energy [as previously mentioned] that may be causing Intangible Mind to have a difficult transition into Intangibility. That, of course, includes any physical reason for its delay. Intangible Mind would contain any reason due to its spiritual karmic residue. Intangible Body also guides all issues related to survival. This need reflects, through physical Instinct, the spiritual Intuition of the Soul of God – intrinsically connected to one's DNA – that wants the Species to survive, as well as the Soul of Man – maturely manifested – that wants the individual and those personally associated with it to survive. While the biological response for survival, which occurs through Tangible Body, can be considered an instinctive one within Intangible Body, it is thus guided by the intuitive one within Tangible Soul, through both of its manifestations.

As a final note to this subject, Soul, Heart, Mind, and Body exist at the Group as well as the Individual level. While our examination of them has focused on the latter, with a little imagination it should be easy to visualize how they apply at the former.

One may profess the transferal of personality from one life to the next, and offer a plausible explanation for it by drawing a symbolic analogy to radio waves that somehow exist intangibly. I have no complaints with the analogy drawn. [In fact, I will propose and

qualify a rather comprehensive version much later in the ~~FOURTH~~ *VERSE*.] But, if they exist as a Buddhist may propose, there is no scientific way to prove it, and no physical formula we can apply to predetermine its outcome. Any tangible examples only offer Evidence that a transferal has occurred, not how – or, for that matter, why. Thus, whether or not the Buddhist would acknowledge it as such, there is a certain amount of Faith attached to the Buddha's reasoning. It may be plausible Faith, but it's Faith, nonetheless. No matter how hard you try, once you cross over into Intangibility it's impossible to avoid it.

In a way, while Science has been able to afford the Buddhist substantiation for his or her beliefs, 20<sup>th</sup> century breakthroughs have also enabled us to see beyond them. The order that exists within our genetic structure – so delicate, yet profound enough to delineate the complexity in a lifetime of existence – can't explain the power that one has through the making of a single choice. Today, *Relativity Theory* hasn't made the scientist more skeptical of the unexplainable, but less. Is the belief in a God that transcends all time and space that far removed from the acceptance of a scientific theory that allows for the cessation of those principles as we daily experience them given a sufficient speed differential between the observer and the observed? And with subatomic particles appearing out of nowhere, *Quantum Theory* has traversed the bridge between the Creator and the created.

Buddhism, like any Path based on the Universal Truth that **Love is All**, doesn't need all of the pieces of the puzzle to enable a follower to reach the ultimate destination. That's what all Paths teach – **a way to achieve Happiness**; and Happiness has different modes of expression. Thus, each Path serves the purpose of those following it. If a piece is missing along the way, you work your way around it or find a usable replacement from outside the puzzle. This interrelationship of Tangible Soul and Tangible DNA is a connection that the Buddha would not have been able to make 2500 years ago, and therefore include in his Path. But, that didn't affect his ability to provide a completed map for his followers to use to achieve their life's Spiritual Purpose, any more than it has the other Paths for theirs. The exclusion of certain physical concepts from any of these philosophies did not prevent the integration of the same spiritual principles all drew from to develop them.

Since the beginning of this exploration, I've been attaching my own meaning to these various labels the human mind uses to understand and process intangible principles like God and Soul, and added them to all that had existed before. While the application of labels can separate us if they're used by the so-inclined, they do serve an important purpose when they make it possible for us to communicate our thoughts to someone else in a precisely understandable way. As a result, I don't find a conflict between Hinduism, Buddhism, Christianity, Quantum Physics, Psychology, or any other spiritually or physically based system of thought; each is presenting its own meanings for these labels to facilitate their communication. But, underneath all the labels is the Universal Truth that everything is some form of Energy, be it tangible or intangible, and the higher you go, the more Eternal, Universal, Awesome, or Powerful it becomes.

In the Physical Realm of Limitation, the duality of Either/Or can apply. Thus, those of us who live in it often seem forced into choosing one thing over another. But, in the Unlimited Spiritual Realm, the duality of Both/And is the one I prefer to seek. Why hold on to any limits as to what is possible? It's an attachment that would seem to contradict everything the Buddha stood for.

The Buddhist non-acceptance of a God is based upon Its definition circa 500 B.C. But in my contemporary interpretation, founded on unlimited personal flexibility, their philosophy may allow for it simply by connecting a tangible energy with the intangible. Throughout my presentation, I've chosen to use a symbolic approach to bring opposing spiritual and physical forces together through insight into their Universal Truth. Thus, if a Buddhist's perspective were to become more energetically symbolic, we might concur that:

God is the highest energy imaginable;  
so high, in fact, that it can't be quantified in Tangibility,  
and so immense that it isn't bounded by  
Time or Space.

Today, the triune connection between Body, Mind and Spirit is universally recognized in some form. Of course, the Buddhist and the Scientist alike would probably say that Spirit and Mind are the same thing, or call Spirit the intangible aspect of Mind, or anchor it to Emotion, or find some other rationale. But, doing so would disallow all the intangible aspects of life that don't lie within memory, beliefs, and karma, including those of the Unconscious Mind. They're the intangible things inside us that drive us to reach for the unattainable when everything your Mind has absorbed is telling you that you can't, or haven't, or shouldn't, or won't. They, I feel, are what drove the Buddha, and any other human being so driven, to accomplish the thing for which they were born into that particular life: to better Mankind in the way only they could have. I can't prove how that particular part of us works. But, I also won't let this missing piece of information keep me from being grateful for it and then using it to implement my own happiness, or sharing it to help you do the same.

If suffering is an inevitable human condition as the Buddha rightly believed – the result of our Physical nature – then the ability to overcome it must lie somewhere else – within our Spiritual nature. Whether you call that Spiritual nature Mind or Soul doesn't matter. What may matter, though, are the self-imposed limits placed on the relief available. If something is nutritionally missing from our lives, we might take a physical supplement. Why not consider the nutrition we can access through prayer, for instance, as a spiritual supplement? There are Buddhists who pray to the Buddha as if he were a divine being. Maintaining this belief – rooted within a deep sense of Faith and personal Devotion – doesn't detract from anything the Buddha taught them. Maintaining our beliefs shouldn't prevent us from availing ourselves of his Wisdom, either. Thus, by writing all of this down, I am not attempting to convince the Buddhist, the Scientist, or anyone else to change their mind. To reiterate a statement previously made, you don't have to fix what isn't broken. These are merely my thoughts on things – presented out of compassion for the human condition and a sincere desire to serve in its assuagement – to be used as you see fit.

Lastly, I'm sure that there are some who will question my apparent audacity at attempting to reinterpret the teachings of Buddha, Jesus, or any other Masters herein addressed. I feel I owe apology to none, and merely say I believe this book exists only because it was my personal spiritual directive to write it, the sum of my life experiences prepared me for it, and the collective powers within the Universe have supported me in this endeavor every step of the way. Nothing of this scope could have been created otherwise. And, while I will never claim this to be anything more than my own speculations on the nature of life, I truly feel that all aspects of God have been reflected within it since it fosters no exclusions. No matter how much we may try to compartmentalize God in our attempt to comprehend the incomprehensible, remember:

There is only One Truth.

And none but They who comprise it can know how close I've come to revealing the mysteries behind the Veil in the **Tree of Life.**)