

SPIRITUAL HEALING vs. ENERGY THERAPY

and

PRAYER vs. INTENTIONALITY
THE HOLY SPIRIT AND JOHREI

Excerpts from


THE TOTALITY OF GOD
AND THE IZUNOME CROSS

Unlocking the Secret to the Riddle of the Ages

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Spiritual Healing vs. Energy Therapy

As I was preparing this *ENCORE* for the *Third Digital Edition*, I had the opportunity to attend a wonderful "Day of Wellness" sponsored by Friends' Health Connection in NJ. My main reasons for attending were the three esteemed guest speakers: Dr. Deepak Chopra, Dr. Bernie Siegel, and Rabbi Harold Kushner; and I was not disappointed that day by their inspiring presentations. But what I found particularly interesting was that these men had chosen to speak there because of the organization's reputation in fostering comfort, healing and guidance for people struggling with illness and its ramifications. Moreover, that guidance came in the form of both the latest advances in traditional medicine as well as a wide range of healing alternatives. In fact, a series of lectures had been planned on various such modalities including *Yoga, Reiki, Qigong, and Jin Shin Jyutsu*.

I was obviously no stranger to alternative modes of healing, and had previously experienced many. And *Johrei*, as you know, has become an important part of my daily spiritual practice. It has proven effective in my life on many levels, and it is only for this reason I can speak of it with authority or choose to advocate its use by others. It is the same way anyone would feel who wanted to share something wonderful with their friends. Now, prior to going I had the thought that I should speak to someone there about offering *Johrei* to guests at future events, or to patients currently under care. During one of the breaks, I partook in a complimentary massage provided by a trained volunteer. While she worked, I asked if she was familiar with *Johrei*. She said she had heard of it, and was a *Reiki* practitioner. I told her of my intentions and she referred me to the organizer of the event. At the end of the short but very effective therapy, I felt heat come from her hands as she pressed them against my back; so I asked if she had been doing any energy work on me. She replied that it's all energy.

I knew immediately I had received a message I needed to hear, but it wasn't until a few days later, after thinking about it, that I realized what it was and that I was meant to share it with you. She was right. It is all energy. And all those modalities being presented in the lecture series, to which you can add massage and physical therapy, as well as acupuncture, chiropractic, and numerous others, are working with energy in some way. But energy exists as a range of values, from the infinite spiritual to the finite physical. Thus, each of those modalities will be most effective in the relief of energy imbalances for which they are best suited within that range. They all serve a purpose, and it is for the individual seeker to discover which is most effective for their particular concern. Moreover, there is no need to limit oneself to a single approach. In a sense, this becomes an energetic parallel to the spiritual nature of the *Four Pathways to Light and Truth*. And I've mentioned how it makes sense to avail oneself of the spiritual blessings all *Four Pathways* can provide through the *Holy Quadrality of God*. Buddha, Jesus, Meishu-sama and Abraham had gifts to share with all Humanity, not just with those aligned to their particular path.

The reason this is so important to realize came to me as I thought further about the therapist's reply. While it is truthful to say "it's all energy," there is perhaps the implication that the path you choose makes no difference. It is here where the spiritual and physical natures of the *Four Pathways* diverge. I began this book by saying all paths based on Light and Truth lead to God, and in the Spiritual Realm such an understanding is established by the spiritual nature of God as *part equaling whole*. While differences exist, they are in the theologies or belief systems one chooses to

access the only God that is. How those differences play out once you cross over to the other side is a mystery I'm in no rush to resolve by first-hand experience! But in the Physical Realm, *the parts add up to the whole*, and the path you choose will make a difference, depending on its place within the range of energetic values.

So, purely from the energetic perspective, we should be able to see why it would be beneficial to incorporate *Johrei* into a personal spiritual regimen, regardless of whatever else you might be availing yourself. As explained in *Footnote 169*, p. 411, the higher the frequency is, the greater the number of lower frequencies, and thus core issues, with which it can harmonically align. And of all the modalities we might associate with energy therapy, the frequency of *Johrei* is highest, at the summit of *Quadrality* – the harmonic of 4 from which the 12 in the Cosmos is derived.

If *Johrei* was only a physical energy, it would still be highly effective. But it is more than that – the reason I will next present it in comparison with the *Holy Spirit*. Thus, what I say now can apply to both, with the acknowledgement of the essential Realm to which each is rooted through *Triunity* or *Quadrality*. There is a spiritual connection that I have yet to find in any physical regimen. Granted, in some there is a reference to the energy as being spiritual, or that it is somehow related to universal consciousness. And others can be traced to mystical origins or are a part of a religious tradition. But what I'm alluding to for *Johrei*, in addition to its connection through Faith to the *Divine Source*, has to do with its sense of purpose as part of God's Divine Plan. And while all energy is energy in a Physical Realm sense, associating a personal regimen with energy in a Spiritual Realm sense connects it to power beyond the constraints of physical laws.

Both traditional and alternative forms of healing are practitioner-related. In essence, whether those you consult for care are doctors, therapists, facilitators or energy workers, all are trained individuals for whom their modality is their profession. And there is nothing wrong with that. These are noble callings; and it is fair, even in *Paradise on Earth* and especially for those who are helping us to achieve it, to be paid for a benefit or service rendered. But when Mokichi Okada – Meishu-sama – received his revelation concerning *Johrei* and its ability to effect global healing by starting at the individual level, that revelation came with the understanding of its reason for existence. It was an energy God had sent for Humanity to create *Paradise on Earth*. And in order to accomplish this Higher Purpose, the practice of *Johrei*, as part of the spiritual regimen of anyone desirous of healing their own lives as well as those of others in need, had to be detached from any spiritual or physical restrictions on its use. Physical restrictions were minimized in a number of ways. First of all, there was no physical contact for *Johrei* as traditionally taught and practiced by Mr. Okada. I make that qualification because in the main text I referred to a manner of giving *Johrei* I have personally explored and have had success with, where the classical form is combined with a form involving touch. Some may say I am no longer practicing *Johrei* by doing so, and in its traditional sense I would agree; but the intention for which it is being invoked and the person to whom I am making the invocation have not changed. And I would also agree that it is in its classical form, without physical contact, where the highest energies can be accessed. Therefore, its frequencies would be different from healing energies that involve touch when given, such as *Reiki*. Another physical restriction eliminated by Mr. Okada was who could give *Johrei*. He attested that it was a gift God had provided to all Humanity for personal and global healing, and the short course of instruction presented to those wishing to help do so

was meant more to prepare each person for their role and responsibility in fulfilling that purpose. To this end, Mokichi Okada also realized its Higher Purpose could best be served if removed from a practitioner/client context. It was a gift God had provided free of charge, so to speak, and thus it was only through the act of being freely and willfully given that its energy could be accessed. This would then account for the ability of *Johrei* to transmit higher frequencies within the infinite range of values than practitioner/client modalities that work with a person's energy fields without the use of touch. And it is also for this reason it can be associated with the *Holy Spirit* as its physical balance.

Spiritual restrictions were removed by making it clear that a person's specific beliefs about who or what that source of energy was, in no way affected its access. Mr. Okada referred to *the Source* as the *Great God of Light*, and he envisioned it in the form of a supreme, personal creator with a Divine Plan for Humanity. So, if you wish to, you can say that this was the belief system he associated with it. But, he never forced his followers to absorb the materiality of his belief system themselves, just the spirit of it, for, he understood that global healing could only occur if the boundaries between countries, as embodied by their disparate ideologies, vanished. And for him that meant merging the East and the West, paths for which Buddhism and Christianity have herein served as anchors. We explored this early in my work. Ideologically speaking, merging those is no small task. On the one hand you have impersonal universal consciousness with no association to a God as the West acknowledges Him, and on the other hand you have a personal Creator Who exists in a very specific form and is associated with extensive, divinely inspired teachings regarding that. To resolve the conflict, Mr. Okada applied his own *Izunome Principle* by referencing the Creator of the Universe to Light, a concept flexible enough to be embraced by all paths including the scientific – wherein Divine Light becomes Universal Truth. After all, once you remove any dogmatic association, it *is* all energy.

However, it is the fact that *Johrei* does have a personal spiritual connection that separates it from the physical modalities I've encountered. Moreover, though each is different, personality is a bonding attribute between *Johrei* and the *Holy Spirit*. For the latter, the associated Christian theology makes it clear Who that connection is, and of His place within the Triune God. And the specific nature of that theology would preclude someone not so inclined from praying for the *Holy Spirit* in time of need. But if you should do so, it is Jesus Christ who would walk through the valley with you. The *Holy Spirit* is His Light, also in personal form, which through its triune nature is the means of access for Humanity to the spiritual creation of the *Kingdom of Heaven*. For *Johrei*, the *Source* of the Light had no theological reservation. But nonetheless, the personal connection is there. That connection is Mokichi Okada himself, and on this he was also very clear. He said it was his assigned mission from God to serve as the conduit of the Light of *Johrei* – which through its quadralitic nature is the means of access for Humanity to the physical creation of a *Paradise on Earth*. Some may consider this his theology, and since p. 226 I have honored Meishu-sama as one of the *Holy Quadrality*. But neither of us demands you accept this as a theology meant to replace your own. It is only my cognition of Spiritual Truth. This planet has been blessed with certain holy beings from all faiths who understood their place in God's Divine Plan, and there was no ego in their stating such, but rather, more humility in submission to God's Will for them than you or I can imagine. And they all understood their mission did not end with the end of life, and that they would have even more power to serve Humanity from the other side, unrestricted by physical form. Jesus

thus assured His followers who felt fear at the prospect of facing the future without Him. And Meishu-sama likewise said that his passing, rather than adversely affecting the transmission of *Johrei*, would actually make it stronger. More recently, during the beatification of Mother Theresa I heard stories of her saying similar words of comfort to her followers. In the Catholic Church, sainthood can only be recognized following the documentation of miracles performed through the intercession of a saint prayed to for that miracle after their death, a process that has already begun for her.

I realize that the thoughts I have shared with you are controversial, and I again remind you they are only my own. One of the greatest lessons I've had to work on is that *we all seem to have the need to wear our beliefs like protective armor, as if to be impenetrable from the attacks of foreign beliefs*. These are the boundaries Mr. Okada spoke of as they form at the personal level. *Our beliefs make us who we are, and to release the need to hold on to them is like letting go of ourselves*. What I most hope I've imparted to you is the realization there's empowerment in being open to the new rather than being closed by the old. In this way we can become more than what we were. Consider what Infinite really means in the *realm of 21st century possibility*. To deny a possibility unfoundedly would only put a limitation on my own potentiality. Each of us has been given gifts from God to share. Do so, and learn from each other. We all have a role to play in the creation of *Paradise on Earth*.

Prayer vs. Intentionality: The Holy Spirit and Johrei

I'm sure at least some readers have questioned if, in referring to *Johrei* and the *Holy Spirit*, I'm equating them. In a sense, I am, and will next explain in what way. But neither can really be comprehended fully with a finite human mind. So, what I hope to impart with my own must be understood as coming from someone who speaks not with the authority of a Christian theologian or a trained *Johrei* instructor. And the topic is perhaps the most speculative and open to debate I've discussed in this book. With that said, let me do my best to present my thoughts. The *Holy Spirit* in particular defies understanding in its inclusion within the triune nature of God as someone to believe in and pray to as a person. Faith is thus a requirement; first, in God Itself, as yet scientifically without proof, and second, in a triune nature of God through personality, as *Father, Son, and Holy Spirit*, in which each maintains the whole essence. And *Johrei*, through its association by me in a quadralitic nature of God, but now as four unique spiritual beings who for a time lived in human form, likewise derives its power more from a faith in it than recordable evidence for it.

The previous essay, *Spiritual Healing vs. Energy Therapy*, pointed out how the *Holy Spirit* and *Johrei* each invokes, besides the attribute of personality for God, an inherent energetic nature. Their theologies accomplish both through a reference to "the Light." But the energy of light has both spiritual and physical natures, and the divergent theologies for the *Holy Spirit* and *Johrei* allow each to associate more with one or the other. The previous paragraph reveals why. The *Holy Spirit* upholds the *Triunity* of Spirituality while *Johrei* upholds the *Quadrality* of Spirituality. Moreover, from our earlier explorations of how 3 and 4 combine in the universal power of 12, in terms of an integrated spiritual and physical energetic fabric of intangibility, it is clear how the *Holy Spirit* and *Johrei* would accommodate this.

Neither the *Holy Spirit* nor *Johrei* is tangible, and thus as I said, each requires faith to access its healing power. Still, a difference in the healing each affords should flow from their energetic difference as part of the evolution of *Triunity* vs. *Quadrality*. Both do so through *Harmonic Alignment*. But clearly, the harmonics of SPIRIT – based on the evolution of *Triunity* in the Spiritual Realm – may defy true illumination. The harmonics of MATERIAL, on the other hand, fall in line with the ideas advanced herein on intangible energy fields based on the evolution of Physical Realm *Duality*.

Nonetheless, when I was first introduced to *Johrei*, I learned that receiving it involved the sender raising a hand with the intention that the Light of God would be sent through the palm to the recipient for the purpose of serving their greatest spiritual good. And it was only necessary for the sender to believe in its power. Being a Catholic, I realized that a similar raising of hands occurred in healing services to invoke through prayer the power of the *Holy Spirit*. Generally, though, both sender and recipient were believers. Still, I saw revealed an apparently inherent ability for any human being, born of SPIRIT and MATERIAL, to transmit through the palm the healing power of God and the Universe. And curiously for me, and in confirmation, I noted that the images of both Jesus and Buddha are often depicted with their hand raised and palm open as if to suggest this ability. Surely, Jesus and the living Buddha were deriving their spiritual strength from two oppositional beliefs concerning the nature of spirituality: that of a personal Divine Creator vs. an impersonal universal consciousness. And yet, each of us, as the unification of God and Animal, seemingly has the ability to access both spiritual natures of the Universe via the same action. Moreover, to facilitate that access it doesn't seem to matter if you refer to their invocation as prayer or intentionality.

Of course, the skeptic might question the existence of either the triune or quadralitic form of spiritual energy, and that such a thing could be transmitted through the palm of the hand with an act of will. But there are all sorts of energies and frequencies being transmitted through the same air we breathe, without which there would be no radio, television, radar, cell phones, etc., etc. The skeptic would then say, "But I see or hear evidence of those when I use my phone or turn on the TV." Well, evidence exists in all forms for those with the willingness to perceive it. And I've often wondered how different it is to believe in a Spiritual Realm we can't see – in dimensions beyond the 4 of space-time – or in microcosmic strings that could exist in as many as 26 dimensions of sub-quantum probability!

While the scientist may still call into question the truth of either practice, circumstantial evidence to substantiate the power of prayerful intention is being accumulated through scientifically supported methods. The prospect of discussing this gives me the opportunity in this *ENCORE* to print the original *Footnote 196*, which I'd deleted in the *First Print Edition* to present an important summation on the nature of the physical energetic fabric of intangibility. It seems appropriate to me, therefore, to include it here to illustrate the benefits such invocation can provide to Humanity, and some possible reasons for its functioning and efficacy:

*During rewrites, a friend I hadn't heard from in a year sent me a copy of an article he thought I'd be interested in from **Reader's Digest**, 12/01. It excerpted a feature in the **Los Angeles Times Magazine**, July, 15. My "no accident" chill said it had something I needed to share with you. It was called "Searching for the Divine," written by Vince Rause about a larger collaborative project undertaken with neuroscientist Andrew Newberg to explore the link between spirituality and the brain. The article's tag line said there is new*

evidence that humans are hard-wired to believe in God. Apparently, scientists had used imaging technology to scan the brains of subjects in deep meditation or prayer, and had discovered a change in the left parietal lobe called the orientation association area. It is responsible for one's ability to draw the line between the self and the world. The change, resulting from an almost total blackout of the orientation area, would cause the subjects to experience a sense of limitless awareness melting into infinite space. Though these represented extreme cases, lower degrees of blockage could produce a range of more ordinary spiritual experiences. The research concluded that these experiences were rooted not in emotion or wishful thinking, but in the genetically arranged wiring of the brain!

I've no doubt that this, too, is no accident. My own experiences with the Divine had led me to the same conclusions. I'd often wondered about the 90% of our brain's potential we supposedly weren't using. Now, another part of that mystery has been revealed. It seems that just as any parent would want to be able to guide their child, we've been designed by God so that He would be able to communicate with us. We haven't been left here just to fend for ourselves. Any time we wish, the reflection of God that lies within the Microcosm that we are, has access to the Almighty Presence pervading the Macrocosm that He is. Need help? All you have to do is look within and make the call. The line is already open. Then, get quiet and listen. It is out of the silence that the truth will be spoken.

Within days of this, a non-sourced article came my way via my mother, called "Larry Dossey on the Infinite Reach of the Mind." In the interview given with journalist Melvin McLeod, Dr. Larry Dossey refers to an aspect of mind he calls non-local. I would include it in the earlier classification of Soul-Mind, or Mind* from the *Physical Triunity* on p. 610. Dr. Dossey believes there is a quality of mind not localized to individual brains and bodies, or even to specific moments in time, but which spans time and space. He notes double-blind scientific studies done to determine the healing efficacy of distant prayer or healing intentionality. The conclusion was that prayer works. I feel it points to an even bigger picture. The spiritual connection that God has afforded us to communicate with Him through Soul, He likewise extends, through Mind, for us to do the same with each other.

A comment I made at the end of *The Mechanics of Spiritual Healing* suggested the scientific principles I'd adapted to connect spiritual and physical energies in that regard could be applied to prayer. Vince Rause's tag line, *there is new evidence that humans are hard-wired to believe in God*, would certainly seem to place my intuitions within the realm of 21st century possibility. After all, I've already discussed in the aforementioned essay the ability of one's mind to be actively involved in the process. The *Laws of Karmic Response and Responsibility* I intuited are based on the twofold nature of Karma as a function of intention and action; and *Quadrality* dictates such a twofold nature would apply to God and Man. Well, what is prayer but a human intention to invoke Divine action. So, all you really need to do to apply my principles is visualize how it can occur in the Mind's range of energy's infinite values. And the upcoming essays on multidimensionality will explain how there's a potential to connect beyond the causal range of the 4 tangible dimensions of space-time to one another through *the Source*.

Studies continue to explore the power of prayer. And much research is likewise ongoing to determine the efficacy of energy therapies. These include studies on *Johrei*. Case histories are presently being documented that indicate its use can effect dramatic physiological changes resulting in the assuagement and even complete cure of physical afflictions. While I've heard and read first-hand accounts, I will refrain from specifics until those involved in the studies consider them ready for mass publication. I have only offered into evidence herein a few of the most dramatic of my

own experiences. The life-changes that one goes through over an extended period of this spiritual practice are too numerous to detail and too subtle to illustrate its truth. But there was one curious tangible study, though, of which I can speak freely because I took part in it. The brain waves of the sender and receiver of *Johrei* were recorded prior to, during, and following the session. Analysis of the waves showed that during the transmission the frequencies synchronously changed in both participants to the alpha waves normally associated with a meditative state. So clearly, a scientifically measurable change occurred as a result of not only the intention to transmit this intangible energy but also our ability to resonate with it. Now, the significance of this brain wave change to what Deepak Chopra may refer to as quantum healing, is hard to say. Such a change also occurs, as I noted, in meditation, which some feel in itself is restorative. But this measurable physical response to *Johrei* may still be only the exposed surface of much deeper spiritual responses we can't measure with tangible instruments. And those spiritual healings can then effect physical cures.

So, when a person raises a hand to send God's Light to another, is it *Johrei* or the *Holy Spirit*? My feeling is it's both. Otherwise, spiritual healers who pray for the *Holy Spirit* to heal, like the world-renowned Rev. Father Ralph A. DiOrio, would not have an effect on a diseased material state, such as arthritis or cancer. And a *Johrei* sender, who has the intention for its energy to cure, would not be able to have an effect on a diseased spiritual state, like addiction or resentment. In a physical sense, the *Holy Spirit* and *Johrei* may be different. But in a spiritual sense they are inseparable. Can't ask for one without receiving the other. And this interconnection rings true; after all, it follows from the *Principle of Balance* and the *Law of Order*. The prayer or intentionality with which either is sent will allow the one that is required in serving a person's greatest spiritual good to fulfill its given Universal Purpose.

Now, does it really matter whether we invoke the *Holy Spirit* or access *Johrei*, or if either is done through prayer or intentionality? The answer may be more about conforming to one's theological convictions than any restrictions God has placed on their transmission. Indeed, I would say the only important thing is that the path we choose to connect to our Creator is founded in *Divine Light and Universal Truth*.

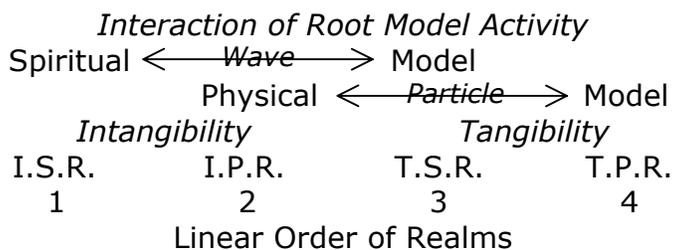
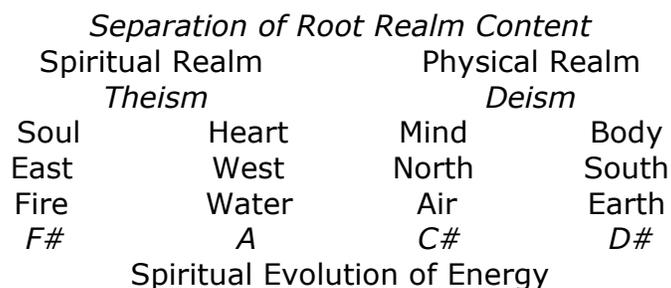
So, if the *Holy Spirit* is triune, and *Johrei* is quadralitic, how are they able to participate in this co-creative healing process within the Root Realms? It occurs as a result of the Root Realms themselves containing spiritual and physical harmonics. The Root Spiritual Realm contains the paths of Soul and Heart, which correspond to the *States of Alignment of Unity and Duality*. The Root Physical Realm contains the paths of Mind and Body, which correspond to the *States of Alignment of Triunity and Quadrality*. So, from my perspective, each is best suited for healing on the Root Plane most associated with its frequency nature – the *Holy Spirit* for SPIRIT and *Johrei* for MATERIAL. This occurs at the Extremes. Each extends its influence into the other Realm through the Means harmonic nature being upheld there. The separation of the frequency natures of SPIRIT and MATERIAL is occurring through the Root Realms while the interaction of their harmonic natures is occurring through the Root Models.

The best tangible analogy I can draw is that of the relationship we arrived at for the notes in the Pyramid of Giza and DNA bases. The roots of the chords associated with the Spiritual and Physical Planes anchored the Extremes of a complete range of values. But the Mean for each octave defined by an Extreme found its path in the opposite Realm. Thus, the Extreme identified the Root *content* of the chord while the Mean specified its Root *activity*. A parallel between the euphonious/non-euphonious intervals of the fifth and tritone Means of the two chords and the spiritual/physical

harmonics of the *Holy Spirit* and *Johrei* becomes clear. But since the latter two are intangible, the parallel serves to glorify the continuity that the commonality of *Rules* and *Structure* bequeathed to all of God's creation. From Intangibility to Tangibility, consonance and dissonance are musical truths within the Universe's movement.

To clarify this, and provide a convenient synopsis of these principles and their relationships, I offer the following. Theism and Deism serve to identify the separation of *Root Realm Content*: Intangibility vs. Tangibility. Active and Passive serve to establish the separation of *Root Model Activity*: Wave vs. Particle. The four Giza-DNA notes are included as well, to elucidate their Realm/Model connection:

Creation Stage



Procreation Stage

