

THE FOUR PATHWAYS TO
LIGHT AND TRUTH,
AND THEIR
SYMBOLIC ATTRIBUTES OF BALANCE

An excerpt from

THE TOTALITY OF GOD
AND THE IZUNOME CROSS



Unlocking the Secret to the Riddle of the Ages

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Author's Note: The following excerpt, which contains the charts relevant to the Four Pathways and their Symbolic Attributes, is taken from the opening section of "Harmonic Alignment and the Law of Order." For clarity, all explanatory footnotes have been retained as well as any references to information contained in the complete text; and readers are encouraged to consult it if further pursuit of these ideas is desired. As such, this excerpt facilitates studying the charts themselves, the most significant being the Four Pathways to Light and Truth. Yet, the explanation that leads up to the Four Pathways is also worthy of being included here in that it offers an effective introduction into their development and rationale, in particular the Principle of Harmonic Alignment. Much later in the text, and in a more evolved form, it will be instrumental in arriving at a core teaching of this work, the Theory of Harmonic Creation. This excerpt also introduces the Principle of Balance and the Law of Order. Together with the Principle of Harmonic Alignment they become known as three of the Four Spiritual Laws of Being. (The Law of Dynamic Stability, the fourth, will be revealed in the section on Harmonic Creation.)

THIRD VERSE

HARMONIC ALIGNMENT AND THE LAW OF ORDER

Within the sacred symbolism of the **Izunome Cross**, created by 20th century philosopher and spiritual leader Mokichi Okada, I believe had been left the seed for a comprehensive *blueprint for world spirituality*. This philosophy, which I have titled **The Totality Of God**, is based on the principles inherent in the cross but done from my interpretive view of the known physical properties of **Energy** and **Matter**. Incorporating logic and science, it can help us find and fix imbalances in our *spiritual* and *physical* energy systems. As our journey continues, the truths hidden within the **Three Aspects of the Triune God** will bear clues as to *where* we are losing our energy; *why* it continues to happen; *who* we might put our trust in to help us heal it; *what* we can do for ourselves; and *how* the beliefs we hold on to determine the outcome. In other words, *even with faith in a Godly or Universal source to provide, it's still up to us to best use Its provisions!*

Whew! With all that ground to cover, it seems like we've really got our work cut out for us. Still, let's see if we can have some fun in the process. After all, life *can be* a joyous ride. Not that there won't be bumps in the road; but, our experience of the journey depends on how well we navigate them. Sadly, it often ceases to be as pleasurable as it could simply because of all the unnecessary baggage we've chosen to carry along with us. That may be hard to see when your energy is down and you feel like you're lost deep in a dark place. I know, because I've been there – and can yet find my way into occasionally. But, there is a life force that's known to have existed for perhaps 15 *billion* years according to some sources; and we live in it, and on it! We can also learn how to make it work for us.

In the last *VERSE*, while discussing planetary energies I brought up the concept of *resonance* in the context of human interaction. My old college physics textbook defined "*physical*" *resonance* in this way:

In general, whenever a system capable of oscillating is acted on by a periodic series of impulses having a frequency equal or nearly equal to one of the natural frequencies of oscillation of the system, the system is set into oscillation with a relatively large amplitude. This phenomenon is called *resonance* and the system is said to resonate with applied impulses. (1)

Our physical bodies are energetic systems, and as such are capable of responding and oscillating at very subtle energetic levels to the universal energy that surrounds and flows through all things. That is, we interact with the Universe's energy: both the *physical*, as in a system just described, as well as the *spiritual* – often referred to as its **Consciousness**. In accord with the *Rules and Structure* of God's Cosmic Plan, the **Collective Consciousness** of our entire planet and all its inhabitants seems to resonate to *four fundamental frequencies of universal oscillation*. Thus, while all the frequencies that exist in **Heaven** or on **Earth** flow in every *Man, Woman and Child*, they do so *in harmony with these four*. However, each of us seems

1 Robert Resnick and David Halliday, *Physics Part 1* (New York: John Wiley and Sons, 2nd pr., 1967), p. 488.

to harmonize best with one of them; and out of Mankind's mutual alignments to these natural harmonic frequencies have grown four cultural systems, each with its own **Pathway to Light and Truth**. I have chosen to call this phenomenon of "spiritual" resonance the **Principle of Harmonic Alignment**.

How do I know there are only four? Well, once you've developed an *archetype* that seems to cover everything, what's left? Obviously, I don't mean for you to take that sort of pompousness seriously; and this book will give you the opportunity to analyze my conclusions for yourself. It's just that all the observations I had made – and their respective *marvels* and *mysteries* as uncovered in the first two *VERSES* of this book – appeared to be pointing in a direction pre-determined by a power unrestricted by time or space. And they seemed to be left behind as sacred instructions, waiting for the right moment to be found, formulated, and followed. Now, for me at least, after years of prayers and perspiration the spiritual and physical pieces of the universal jigsaw puzzle we call *Truth* seemed to fit together. These *pearls of wisdom* had been taught to Mankind since the very beginning of our self-awareness; and there they were still in every place I had looked, no matter what the path, no matter who the teacher. But what amazed me the most was that in all of them, when *Truth* – be it *theological* or *scientific* – took form within the human mind, it was seen to divide into *the same four symbolic areas* – a pattern that'll be evident throughout this book.

So, now let's talk about Atlantis. Again, just kidding! Well, not quite. There is still dotting this planet structural evidence of great, and surprisingly advanced, ancient civilizations. Aside from the incredible skill and seemingly superhuman resources needed to create these monuments to their existence, these civilizations also all have in common highly evolved schools of wisdom. One is a knowledge of the power inherent in *Sacred Geometry* (the esoteric analysis of the structures found in nature); another is the use of *Astronomy* to achieve alignment (through vibrational harmony) with a power even greater than theirs. It is my feeling that their sacred geometric designs were meant to allow the structures to tune into, and amplify, the energy of our planet and align it astronomically with the places these great societies believed to be the other broadcasting stations in the Universe. It was as if they were trying to connect their planetary grid to an energy grid covering the entire Galaxy, and perhaps even beyond! And they are aligned with stars to the East, West, North, and South, at energetically critical times of the year. As a matter of fact, these times and directions were so important to the *Ancient Ones* that they developed an entire science around understanding their interrelationships and mystic powers. You might say they were using their mathematical prowess to search for God. Out of that search grew one of the Earth's first mystically (albeit occult) grounded sciences – *Astrology*.

Astrology just happens to be based on the *four Ancient Elements of Life*: Fire, Water, Air, and Earth. A coincidence? I think not! The ancient mystics and mathematicians that developed *Astrology* divided the sky into 12 regions, or signs of the *Zodiac*, which aligned together in groups of three with the energy of one of the Ancient Elements.

Astronomers today view our solar system on what could be considered two levels. The first is microcosmic, the rotation of our Earth around its Sun. The second is macrocosmic, the rotation of our Sun around its Galaxy – since our solar system is merely one in the vast multitude found in our Galaxy, the *Milky Way*. In her introduction to ***The Aquarian Gospel of Jesus the Christ***, an inspired book published just after the turn of the 20th century, Eva S. Dowling, scribe to Levi, its

messenger, notes that it takes almost 26,000 years to travel once around the center of it. Ms. Dowling explains that orbit is the *Zodiac*, and each sign represents an age in our world's existence lasting a little more than 2100 years (approx. 2160). Our Earth is now leaving the sign of Pisces and entering the sign of Aquarius – what she calls an important event. She goes on to say that responsible for the transfer of dominion from one age to another are the Cherubim and Seraphim, a pair for each, and she includes an excerpt from Levi's paper, ***The Cusp of the Ages***:

These four great spirits of the Triune God stood close together on the cusp, and in the presence of the sacred Three – the God of Might, the God of Wisdom, and the God of Love – the sceptre of Domain, of Might, of Wisdom and of Love was there transferred. (2)

These were powerful words that implied a relationship between the four **Ancient Elements of Life**, which gather together the signs in the *Zodiac*, and the **Sceptres of the Great Spirits** (3), their spiritual authority. Four pairs, each with an aspect of **Matter** and of **Spirit**. All that was missing was the **Energy** to power them. By then applying the principles of *electromagnetism* and *gravity* inherent in the very molecules of the Ancient Elements, I could begin to see how each pair might *align* and *combine* with a different **Planetary Energy Field** within the Earth. They had been collectively created by our planet's particular amalgamation of those elements. And thus, *three aspects together*, they would complete *four paths* to the **Triune God**. Each combines Levi's **God of Might**, represented by an **Ancient Element of Life**, his **God of Wisdom**, symbolized by a **Planetary Energy Field**, and his **God of Love**, one of the **Sceptres of the Great Spirits**. Twelve aspects in all – the same number as there are signs in the *Zodiac*! Also, the same number as there are circumferential divisions, or rays, in the **Izunome Cross**.

The symbolic parallels were unmistakable. Now, all of the other bits of the puzzle accumulated during my quest began to make sense. I had been assembling notes on other interrelationships that also seemed to exist in groups of four, and knew from pondering on what I had by then absorbed of the concept of *Sacred Geometry* that there had to be an underlying energetic correlation holding them all together.

Finally, while I was reviewing my findings after completing the previous *VERSE*, God seemed to whisper to me through the spirit of the man responsible for the design of the **Izunome Cross** just how simple the relationship was. The *Ancient Ones* knew what it was. After all, they had made use of its science! It was also the basis of the design of the **Izunome Cross** and had governed our entire development as a species. It was the **Principle of Harmonic Alignment**, the ability of Spiritual and Physical to resonate and become one with the particular *Energy of God* that is accessible within a chosen path. Each of the groupings of four interrelating attributes that I had been studying could be assembled in pairs, one group describing the *spiritual vibrations* inherent in a particular common characteristic of the four paths, and the other, the *physical vibrations*. These pairings can serve to help anyone seeking them to achieve:

2 Levi (Levi H. Dowling), *The Aquarian Gospel of Jesus the Christ* (Los Angeles: De Vorss & Co., © 1907 Eva S. Dowling and Leo W. Dowling), pp. 9-11.

3 (*I've chosen to retain the author's original spelling for sceptre. The phrase Sceptres of the Great Spirits was coined by myself to refer to the phenomena Levi thus describes.*)

the spiritual **Purpose** or physical **Goal** of each path, as well as the **Issues** we must tackle and **Stages** to be mastered; the **Guides** that can help bring us into alignment with any chosen path – through its **Cornerstone** and related *driving force*; the **Virtues** and **Qualities** to aspire to and **Keys** worth acquiring; the **Blocks** we must release and the **Lessons** we need to learn; the **Mysticism** and **Treatments** we can use to unblock and balance our energy and return to the original wholeness we were all born with; and the **Center** where the energy for this process resides. These realizations are compiled in [Figure 2](#) (p. 33), and will be thoroughly investigated both herein and throughout the remainder of my trilogy.

For now, I must discuss the fundamental *Spiritual Law* upon which the **Principle of Harmonic Alignment** and this entire analysis has rested. Everything in the Universe seeks perfection through the **Principle of the Balance of Spiritual and Physical**. As we shall see, *everything, energy and matter, contains aspects of both*. Mokichi Okada, as evidenced by his **Izunome Cross**, understood and taught this **Principle of Balance**, as well as a second fundamental *Spiritual Law* called the **Law of Order**, which follows from and complements the first. Even chaos was part of its perfection, for, if it weren't, the Universe would have destroyed itself long ago – or never even formed! Within the **Law of Order** is the cognition that while the spiritual and physical are moving to seek balance, *the spiritual must come first*. (4) Acknowledging these *Spiritual Laws* takes us to [Figure 1a/b](#), the planar Harmonic Alignment of the **Symbolic Attributes of Balance**. (See pp. 28-32.)

Spiritual Laws and Physical laws obey the same principles because the Source for both is the same. While the Physical laws are important to study since they offer us ways to understand the Spiritual Laws, I will base my philosophy upon the Spiritual Laws because they have preference over the Physical laws, and actually serve as their precedent. Moreover, certain laws are uniquely Spiritual. For instance, though the multiplication or division of unity twice by itself reflects it, try deriving the *Holy Trinity*! (See *Footnote 86*, p. 226.) There is no way to subdivide anything tangible without affecting the integrity of the whole. Nonetheless, while the manifestations are different, the principles of multiplication and division are fixed in the Spiritual Realm before the concepts materialize in the Physical Realm.

Nothing exists in a vacuum. That's obvious (by definition of a vacuum) in a scientifically literal sense, but likewise true (if you shift to a new, conceptual view) in a philosophically figurative one. The Universe itself is a literal vacuum, yet within the *Nothing* of its vacuum exists *Everything*. Thus, *nothing exists in a vacuum – alone!* Everything in the Universe, from the farthest solar body to the tiniest of subatomic particles, exists in relation to something else. What one thing does affects another. How it expresses Divine Will or reflects natural laws through its physical actions, will either *harmonize* or *be discordant* with the actions of things other than itself.

4 (Some may feel that *Spiritual and Physical* occur simultaneously, and in practice, from a limited human viewpoint, that's true. So, to see how this spiritual law is also scientifically correct, examine the most elemental form of energy when expressed as a simple waveform. During each cycle, the first half will travel in a positive direction, which the Ancient Ones considered spiritual, and the second, in a negative, or physical direction. A cycle's length is affected by frequency – the number of repetitions per unit time of a complete waveform. Given a fixed speed, as the frequency approaches infinity, the length moves toward zero. Thus, the two halves will appear to be simultaneous. But, no matter how short the length becomes, given the above motion, the positive, spiritual half will always have come first.)

This interconnection is energetic, and exists even though it can't always be seen, measured, analyzed or physically explained. That doesn't necessarily mean the answer will never exist. If Science could already account for everything we'll ever know, we may as well pack up our books now and go home! But, I doubt if the saturation point in Humanity's quest for knowledge will ever be reached. We may not presently understand the true nature of the energy that connects all things. Yet, we know it is there or the order that we *can* observe within the Universe, from the most macrocosmic solar relationship to the most microcosmic quantum one, would not be possible. It is in this sense that its nature is Spiritual. It is also Spiritual in that no Physical pact has been made between the bodies so affected; none have knowledge of, or have agreed to, the actions of the others. These actions all occur within the realm of what Religion chooses to call the Will of God, or Science, a demonstration of the known or yet to be discovered forces and laws nature.

The scientific approach is especially relevant at the most basic physical levels, where the actions of inorganic solids take place solely within the *physical* process of Cause = Effect. But as you rise up through the organic forms of life, God enters the equation, and the Effect can be greater than the Cause according to the *Spiritual Law of Increased Returns*: what you put forth, comes back threefold. Now, the element of Choice becomes more and more apparent – and important. After all, you choose what to put forth! *Free Will* allows a physical being to evolve into its true *spiritual* nature – to learn, and follow, its *divine mission* in life. This starts with doing good toward others, since, even more than what you give, you get back. Life's spiritual nature, I feel, is the *initiating* aspect of the evolution of the Universe, which reveals itself when the *dualistic* nature of Energy and Matter is no longer sufficient to account for the *Triune* nature of *Mind, Body, and Spirit*.

The choice for our existence may have been left to the Will of who or whatever one prefers to call their creator, but the choice for what we do with that existence has been left up to us. It is a choice to either align with the **Positive** forces within the Universe or the **Negative** ones, with the outcome to be expected commensurate with the choice. While it is *Mind* that makes the Choice and *Body* that produces the Result, it is *Spirit* – caretaker of one's Options and their Consequences – that provides the guidance for them.

The Effect resulting from a Cause requires the acceptance of tangible existence. Let us establish this as anything discernible through at least one of our five senses. For the scientist this would include all forms of physical **Energy** and **Matter**. That's *Body*, the part of existence that can be seen or measured through experiment. Thus, it requires no *Mind* to explain it, and our five senses only need a brain to process their input, not to form judgments on it. But even the pursuit of Science requires a mind to satisfy the need, once a thing has been seen or measured, to explain it – not so much in a mystical sense but in an empirical one. That would be to analyze the data and determine the laws that govern it or the formulas to reproduce it. However, what about an intangible part? Some may call that nonexistence; if it isn't verifiable, it doesn't exist. I prefer to hold as equally real an *intangible* or *spiritual* aspect that we *can't* see or measure or explain, even in inorganic objects – which is the reason why the thing exists in the first place. Without invoking for our answer its *Spirit*, which scientists may wish to deny, that's its *purpose*; and whether you care to find it within the Divine Will of God or the natural order of the Universe, it still has one. Nothing exists without a purpose, or it simply wouldn't *be*. Of course, the existentialist may question if life has any meaning and the naturalist ask you to prove it has a purpose.

I could reply that just by asking such a question or demanding a proof you satisfied the requirement for purpose. But to stay within the truth of **Quadrality** I'd say it is a requirement for balance, as *Mind* is to *Body*. Thus, purpose is more than existence alone – more than a tangible context within time and space in which it must conform to physical laws. You may say existence in itself is an inorganic object's *sole* purpose, or that only an organic object is capable of a higher one. But even inorganic objects find usage as the materials to accomplish greater things – as the tools of Man, or God. It is then when Spiritual Laws become the main concern. If the Earth's sole purpose had been its existence, would there have been any need for the myriad of life forms that have evolved from it, including us? Thus, no entity outside the force that created it can truly know the reason for something's existence; others may only surmise. Yet, it seems to have been Humankind's collective and each person's individual destiny to seek to learn that reason and thus know what God as the creating force within the Universe knows. The human race has been trying that for tens of thousands of years; and we are the only life form to date on this planet (at least as far as we know) capable of it. As we move now into the **Age of Light**, I believe that within the **Principle of Harmonic Alignment** and the **Law of Order** will lie the keys to unlocking the secret to that riddle for yourself – your purpose. It will be the thing that brings the greatest love and joy into your life and the lives of those around you.

Anything experienced in the physical world has a *physical Foundation*, but it must also have a *spiritual Basis*. There are times when this may be hard to accept; but God's plan is too vast to often understand our small part in it. However, the truth remains that to achieve a lasting *physical effect*, whether it is on an individual or a global scale, you must heal the *spiritual cause*. (This conclusion is arrived at by combining the Spiritual Law of Order with the Physical law of Cause and Effect – using the *1st Rule of Quadrality* from the next *VERSE* – to reveal the complete range of Universal Causality.) While Energy and Matter both have a Spiritual and a Physical aspect, in **Quadrality**, just as Spiritual precedes Physical, Energy precedes Matter. (5) Although both can be considered spiritual, of the two, energy is *more* spiritual.

5 *(The idea that pure energy preexisted everything in the physical world was noted by Mantak Chia (6), a recognized master of Taoist esoteric practices, and is essential to the 4800 year old philosophy of **Yang** and **Yin**, which we will be covering shortly. The term **Original Chi** was used by Mr. Chia to describe this energy. Kenneth Cohen does, as well, and is quoted in Footnotes 22 and 26. But it may not have a generally accepted usage as such. I've seen other English interpretations, including basic chi and primordial chi; still, I have likewise chosen to adopt **Original Chi** for that purpose. [Though predating Taoism by about 2400 years, the inclusion of the Yang and Yin principles into Taoist philosophies warrants their association by these authors, a common practice I will continue herein.]*

*From the physical perspective, the **Big Bang Theory**, which developed out of solutions to Einstein's general relativity field equations, would seem to support this spiritual teaching. It claims that a single force was spontaneously released at the beginning of the Universe, which, within the first few microseconds separated into the four known today: gravity, electromagnetism, the strong nuclear force, and the weak nuclear force. This analogy will bear a much greater significance to us when we explore the **Theory of Harmonic Creation** in the *FOURTH VERSE*.)*

6 Mantak Chia with Michael Winn, *Taoist Secrets of Love-Cultivating Male Sexual Energy* (Santa Fe: Aurora Press, 1984), p. 14.

Since thought is a form of energy, in order to create something you must think it first – including healing. Once the Energy for something exists, the Matter will follow. That’s why we can truthfully say thoughts are things. **Intention** leads to **Creation**; the act of **Manifestation** begins with a single **Thought**. This can apply to *happiness* as easily as it can to *sadness*. The difference in outcome is really a matter of choice, because **Reaction** follows from the **Result** that is produced by an **Action**; and *right action* starts with *right thinking*. Therefore, if you want a better **Result**, make a better **Choice**. I know that may sound like a cute oversimplification for what can often be a very painful process, but that’s why life sends us these lessons: to learn what needs to be healed! The **Law of Order**, *spiritual precedes physical*, isn’t just some idyllic metaphysical principle for scholars to explore and expound. It’s meant to be lived. Once understood and adopted, you’ll find that the choices you make will move you toward living a happier, more fulfilling and productive life.

But, you may ask, where does the energy behind the creating thought come from? To me, the amazing thing about a thought is that since it is a form of energy it has always existed. The truth in this statement may not appear obvious, since the thought one has in any given moment wasn’t there the moment before. But consider that at its tangible, electrochemical level, thought has to obey the scientifically proven **Law of Conservation of Energy**, which states that *in all transformations from one kind of energy to another, the total energy is conserved*. In other words, *physical energy doesn’t spontaneously create itself*. (If it did, we wouldn’t have had to go on exhausting the Earth’s supply of energy and natural resources, and pollute and devastate our world in the process.) Energy merely exchanges with another *form* of itself. So, the energy for one’s thought came from inside the brain; thus, it has taken form within time and space. Still, there is a difference in saying that another form of energy preceded a thought and stating that a thought always existed.

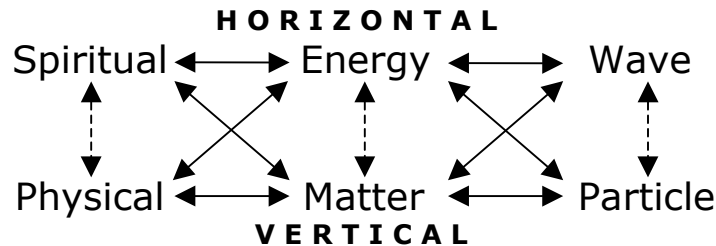
However, suppose there is an aspect to a thought that doesn’t have to conform to physical laws. (In fact, *Quantum Physics* grew out of a desire to explain molecular phenomena that didn’t follow *Classical Physics*.) For instance, even in the physical world, an exchange can be a tangible, molecular one, where physical form is changed, or an intangible exchange of *consciousness*, where the original form remains. In the physical world, what I’ve referred to as *consciousness* may simply be the intangible TV or radio signal that travels unchanged from house to house, producing the identical, tangible sound or picture in each. Such an exchange can be considered as having occurred between the *consciousness* in the signal and the *awareness* in the receiver, and may seem, at least in a philosophical sense, to be taking place outside the previous physical law. Even so, such signals still exist within the constraints of physical limitation, such as location, strength, duration, etc. However, in the spiritual world, *Universal Consciousness*, or “thought at the highest intangible level,” has no such physical restrictions due to time or space before it becomes awareness in its human receiver. Therefore, every thought that has ever existed or will exist is out there right now as a single vibration in the infinite energy field of the Universe, ready to achieve some form within your mind. So, the energy behind the creating thought is much more than just an electrochemical reaction. It’s the eternal, spiritual inspiration in the temporal, physical thought – seemingly created out of nothing but with the power to manifest anything!

Haven’t you ever wondered why similar ideas often seem to appear from two completely unrelated sources? Perhaps your own idea has been one in such an occurrence. Many times in my life I came up with an idea for a product or service that

years later someone else developed. I can't tell you how many times this happened with a song I wrote. Did they steal it from me? No. They got it from the same source I did, only later. For all I knew, someone else might have gotten it before me (and as I learned while researching this book, often did). It was already out there, a frequency waiting for someone to tune in to. The secret to learn in life is how to bring that thought from *infinite consciousness* into your own *finite awareness*, and then do something with it – which is usually where we get stuck. For me, this book is the end result of such an evolution. Spiritually, the thought may be enough to set the energy process in motion, but to materialize it in the physical world takes a physical process. *Without action, thought remains un-actualized.* Even the best of **Intentions** and the strongest **Faith** in the world needs **Action** to back it up.

So, how does the **Spiritual/Physical** duality of life harmonically align with planetary energetics? In other words, what could have made the **Four Pathways to Light and Truth** happen in the first place? We can turn to our encyclopedia and *Quantum Theory* for the road to the solution. (The following is a summary of key points covered in the unsigned *Encarta* article, **Electromagnetic Radiation**.) Since early in the 19th century, physicists have known that light propagates as a transverse wave – i.e., a wave in which the vibrations move in a direction perpendicular to the direction of the advancing wave. At first they advocated the **Particle** theory of electromagnetic radiation, assuming that a wave needed some sort of material medium for its transmission. Later, when it was proven that electromagnetic radiation could move through a vacuum, the **Wave** theory became the accepted one. However, physicists Max Planck and Albert Einstein, in an attempt to explain certain interactions between radiation and matter, eventually showed that *electromagnetic radiation could behave both like a wave and like a particle*. In 1925, French physicist Louis Victor de Broglie demonstrated that *this wave and particle duality also exists in matter*.

The connection of these discoveries to what we already know leads us to a correlation between the duality of **Spiritual/Physical** and that of **Wave/Particle**, since both have now been referenced in relation to **Energy** and **Matter**. The following diagram sums it up:



We can finally apply this principle to the case of the Earth's magnetic field (an integral part of our upcoming study), and say that it propagates *vertically*, behaving like a *particle* (or *wave*) in *physical matter*. But in doing so, it sends out vibrations that travel perpendicular to it, or *horizontally*, behaving like a *wave* (or *particle*) with *spiritual energy*. (7) It is my thought that this **Horizontal/Vertical** global energy field caused the **Spiritual/Physical** harmonic alignments of the Earth's four developing cultural biases, with two of them more in tune with the *spiritual* aspect of planetary energy, and two resonating more with the *physical*. These are the *Energies of God* that I spoke of earlier, and I believe they're imbedded in the energetic grid of this Birthplace of Humanity as well as the Collective Soul of all who have ever walked upon its surface.

In the following charts, I will be introducing some new ideas and then showing how they relate to others you are probably already familiar with. The most fundamental of these is that there are two realms, a Spiritual Realm and a Physical Realm. We will learn how energetic balances establish each: Spiritual/Physical and Positive/Negative. Again, not a big stretch from what you already know. However, it is in the creation of these realms, and in the way they relate to one another, where new terms will be introduced. Figure 1a represents **Root Duality**, the idea that the physical world began with an act of **Separation**: for Tangible to manifest from Intangible required Spiritual and Physical to exist apart as two. *While balances from both realms have root dualistic applications, with a few exceptions, such as Sin/Crime, Figure 1a will contain only those that can exist in the Spiritual Realm.* These include dualities created in the Spiritual Realm to establish root separation, as well as those manifested in the Physical Realm that can denote root separation in the Spiritual Realm *since they don't imply physical negativity.* (This qualification is only for physical negativity since spiritual negativity is within the Spiritual Realm's energetic range.) Figure 1b represents **Duo-duality**, the idea that once the separation of realms occurs, **Interaction** must follow: for energetic continuity in the Universe to be possible required Spiritual and Physical to function together as one.

Dualities can often apply in either sense. Thus, when a duality appears in 1a it is being referenced as a root duality to establish the separation of Spiritual and Physical Realms – or **God vs. Universe**. That is often the only application a particular duality has in Figure 1a, and only those from the Spiritual Realm can function in that way. However, some in 1a can also have a duo-dualistic application, which may or may not be listed in 1b for no other reason than lack of space or need. But those that were have been included to establish the continuity of the two principles in the context of the *Big Picture*. Once you have a greater understanding of the energetic nature of Root Duality, you'll be able to discern the difference for yourself. (To help, I will qualify in the text some of these for you.) Figure 2 then shows how the tangible Universe manifests as **Quadrality** from these Spiritual and Physical energies.

More original terms will be presented as we go. In some, the originality will lie in its application herein. The most significant will be **Model** and its relationship to **Realm**. Both denote energetic ranges of values, Realm for *content*, Model for *activity*. Figure 1a/b focuses on *Spiritual Model* dualities. The **G** dualities, which can combine through it, have been included. They are actually from the *Physical Model* because they reflect behavioral reversal – another original idea we'll soon explore. (Some that imply physical negativity were added for comparison; but they can't combine through the *Spiritual Model* unless in that combination they don't uphold it.)

Incorporated together, Figure 1a/b summarizes the relationships the previous **Principle of Harmonic Alignment** embodies. Combined with Figure 2, it forms a comprehensive construct of philosophy and methodology that has tremendous applications both in personal and global healing:

7 (For that matter, it might be more correct to postulate that this process occurs with the horizontal aspect of spiritual energy coming first. Remember the **Law of Order**? Many scientists even seem to corroborate this order within the physical Universe by recognizing the horizontal physical energy of the Earth as the origin of the vertical. We'll address this again near the end of the present *VERSE*. We'll also see that regardless of which you chose to adhere to, both the Spiritual **Law of Order** and the Physical **laws of the Universe** allow for either physical theory to be correct.)

HORIZONTAL vs. VERTICAL			HORIZONTAL vs. VERTICAL		
Spiritual	R	Physical	Spiritual	R	Physical
Wisdom	R	Understanding	Enlightenment	R	Empowerment
Divine	R	Universal	Healing	R	Improvement
Light	R	Truth	Theism	R	Deism
Consciousness	R	Awareness	Religion	R	Science
Insight	R	Knowledge	Church	R	State
Principle	R	Concept	Karma	R	Causality
Parent	R	Child	Cleric	R	Soldier
Revelation	R	Axiom	Trinity	R	Triumvirate
Theology	R	Cosmology	Christ	R	Caesar
Triune	R	Trilogy	Praise	R	Hail
Cyclic	R	Linear	INRI	R	SPQR
Time	R	Space	Commandment	R	Law
Eternity	R	Infinity	Sin	R	Crime
Period	R	Dimension	Doctrine	R	Legislation
Balance	R	Stability	Tenets	R	Formulas
Order	R	Alignment	Rules	R	Structure
Concurrent	R	Consecutive	Guideline	R	Roadmap
Simultaneous	R	Sequential	Judgement	R	Scholarship
Concentric	R	Tangential	Morals	R	Ethics
Parallel	R	Series	Values	R	Principles
Spirit	R	Material	Wise	R	Just
Aura	R	Radiation	Character	R	Characteristics
Mysticism	R	Metaphysics	Of	R	In
Gnosis	R	Experience	Unification	R	Combination
Theosophy	R	Existentialism	Homogeneous	R	Isotropic
Dogma	R	Teachings	Proportion	R	Scale
Transubstantiation	R	Alchemy	Relationship	R	Equation
Transfiguration	R	Metamorphosis	Fundamental	R	Basic
Purification	R	Cleansing	Key	R	Vital
Clouds	R	Toxins	Source	R	Origin
Miracle	R	Cure	Purpose	R	Goal
Healer	R	Physician	Be	R	Do
Shaman	R	Therapist	Foundation	R	Basis
Priest	R	Professor	Faith	R	Evidence
Savior	R	Liberator	Unexplainable	R	Explainable
Covenant	R	Promise	Divined	R	Proven
Fulfillment	R	Completion	Omniscience	R	Genius
Faithfulness	R	Reliability	Prophecy	R	Projection
Redemption	R	Deliverance	Serendipity	R	Synchronicity
Salvation	R	Liberation	Prophet	R	Inventor
Ascension	R	Elevation	Preacher	R	Politician
Holy	R	Pure	Theologian	R	Legislator
Supreme	R	Best	Guru	R	Counselor
Saint	R	Hero	Artist	R	Merchant
Sanctity	R	Prowess	Disciple	R	Apprentice
Glory	R	Honor	Vocation	R	Occupation
Grace	R	Power	Quest	R	Search
Worship	R	Tribute	Ideal	R	Real
Blessings	R	Gifts	Unity	R	Duality
Peace	R	Prosperity	Triunity	R	Quadrality

1a (Root Duality)

Figure 1a/b : The **Symbolic Attributes of Balance**, with **Anchor Codes**.
 (R = Root, S = Spiritual, G = Gender. See pp. 37-38.)

HORIZONTAL vs. VERTICAL		
Spiritual	R	Physical
Mercy	R	Justice
Refuge	R	Fortress
Morality	R	Legality
Absolution	R	Pardon
Forgive	R	Excuse
Atonement	R	Restitution
Obligation	R	Responsibility
Devotion	R	Allegiance
Glorify	R	Idolize
Stewardship	R	Ownership
Sacred	R	Secular
Sublime	R	Mundane
Essence	R	Personality
Eternal	R	Temporal
Heaven	R	Earth
Celestial	R	Planetary
Actuality	R	Potentiality
Destiny	R	Fate
Predestination	R	Free Choice
Chosen	R	Selected
Essential	R	Factual
Subjective	R	Objective
Philosopher	R	Scientist
Ideology	R	Behavior
Presence	R	Personification
Brotherhood	R	Comradeship
Compassion	R	Sympathy
Blessed	R	Lucky
Happiness	R	Satisfaction
Worth	R	Value
Wellbeing	R	Health
Rapport	R	Chemistry
Love	R	Pleasure
Godliness	R	Sexuality
Cosmic	R	Genetic
Creation	R	Procreation
Godlike	R	Human
Supernal	R	Existential
External	R	Internal
Without	R	Within
Centrifugal	R	Centripetal
Expansion	R	Contraction
Extremes	R	Means
Separation	R	Interaction
Parallel	R	Perpendicular
Root Duality	R	Duo-duality
Content	R	Activity
Realm	R	Model
Blueprint	R	Construct
Fields	R	Elements

HORIZONTAL vs. VERTICAL		
Spiritual	R	Physical
God	R	Universe
Nonchange	R	Change
One	R	Many
Creator	R	Created
Diversification	R	Specialization
State	R	Condition
Being	R	Existence
Absolute	R	Relative
Fixed	R	Variable
Rigid	R	Flexible
Actual	R	Apparent
Luminosity	R	Brightness
Intensity	R	Volume
Infinite	R	Finite
All	R	Anything
Divinity	R	Humanity
Supernatural	R	Natural
Teleology	R	Mechanism
Manifest	R	Produce
Creationism	R	Evolution
Designer	R	Architect
Vibrancy	R	Potency
Birth	R	Re-birth
Immortality	R	Mortality
Sacrament	R	Ritual
Prayer	R	Intentionality
Satori	R	Inspiration
Righteous	R	Principled
Important	R	Required
Wants	R	Needs
Addiction	R	Attachment
Resistance	R	Block
Indefinable	R	Definable
Inorganic	R	Organic
Spirituality	R	Materialism
Attunement	R	Conformity
Equality	R	Equivalence
Resonance	R	Synchronization
Harmony	R	Symmetry
Vibration	R	Force
Wave	R	Particle
Field	R	Current
Polarity	R	Charge
Phase	R	Spin
Magnetism	R	Electricity
Energy	R	Matter
Substance	R	Form
Quantity	R	Quality
Active	R	Passive
Female	R	Male

1a (Root Duality)

HORIZONTAL		to	VERTICAL	
Spiritual	S		Physical	
Truth	S		Light	
Infinite	S		Finite	
Constant	S		Variable	
Substance	S		Form	
Active	S		Passive	
Consciousness	S		Awareness	
Enlightenment	S		Empowerment	
Soul	S		Mind	
Heart	S		Strength	
Intangible	S		Tangible	
Realm	S		Dimension	
Core	S		Root	
Quantity	S		Quality	
General	S		Specific	
Impersonal	S		Personal	
Objectivity	S		Subjectivity	
Everything	S		Something	
Elemental	S		Compounded	
Single	S		Combination	
One	S		Many	
Whole	S		Parts	
Plane	S		Path	
Chapter	S		Verse	
Yang	S		Yin	
Shojo	S		Daijo	
Metaphysics	S		Mysticism	
External	S		Internal	
Apart	S		Together	
Outward	S		Inward	
Diversify	S		Unify	
Specialize	S		Combine	
Energy	S		Matter	
Radiance	S		Glow	
Emanation	S		Flow	
Love	S		Attraction	
Wisdom	S		Intelligence	
Listen	S		Hear	
Reason	S		Explanation	
Criteria	S		Data	
Will	S		Ego	
Conscience	S		Instinct	
Basis	S		Foundation	
Axiom	S		Theorem	
Truth	S		Belief	
Faith	S		Commitment	
Moral	S		Legal	
Code	S		Requirements	
Conform	S		Align	
Rules	S		Regulations	
Form	S		Structure	

HORIZONTAL		to	VERTICAL	
Spiritual	S		Physical	
Power	S		Strength	
Heal	S		Fix	
Inanimate	S		Animate	
Implicit	S		Explicit	
Subtext	S		Context	
Abstract	S		Concrete	
Importance	S		Usefulness	
Esteem	S		Recognition	
Condone	S		Sanction	
Adore	S		Admire	
Admire	S		Acknowledge	
Artistic	S		Commercial	
Play	S		Work	
Figurative	S		Literal	
Seeming	S		Obvious	
Possibility	S		Realization	
Illusory	S		Existential	
Invisible	S		Visible	
Indefinable	S		Definable	
Karma	S		Payback	
Sow	S		Reap	
Inception	S		Fruition	
Grow	S		Make	
Therapy	S		Treatment	
Coincidence	S		Timing	
Feel	S		Rhythm	
Range	S		Category	
Archetype	S		Paradigm	
Time	S		Space	
Space	S		Capacity	
State	S		Condition	
Benefit	S		Reward	
Development	S		Management	
Guidance	S		Training	
Estimation	S		Measurement	
Describe	S		Depict	
Consider	S		Examine	
Abstraction	S		Fact	
Assumption	S		Deduction	
Aptitude	S		Capability	
Alchemy	S		Chemistry	
Attributes	S		Constituents	
Represent	S		Portray	
Reveal	S		Expose	
Believe	S		Comprehend	
Light	S		Sound	
Color	S		Pitch	
Movement	S		Stillness	
Motion	S		Rest	
Kinetic	S		Potential	

1b (Duo-duality)

HORIZONTAL		to	VERTICAL	
Spiritual	S		Physical	
Love	S		Gratitude	
Guiding	S		Driving	
Control	S		Power	
Advancement	S		Achievement	
Harmonize	S		Resonate	
Resonate	S		Gravitate	
Service	S		Product	
Balance	S		Alignment	
Order	S		Stability	
Blend	S		Mix	
Union	S		Synthesis	
Unite	S		Connect	
Symbols	S		Designs	
Painting	S		Photograph	
Suggested	S		Stated	
Expectation	S		Outcome	
Premise	S		Theory	
Derivation	S		Proof	
Illustrate	S		Demonstrate	
Unknown	S		Known	
Mythology	S		History	
Philosophy	S		Science	
Etheric	S		Substantive	
Thought	S		Expression	
Awakening	S		Breakthrough	
Revelation	S		Discovery	
Aura	S		Radiation	
Collective	S		Culture	
Self	S		Identity	
Encourage	S		Support	
Fortitude	S		Stamina	
Challenge	S		Competition	
Correction	S		Adjustment	
Correct	S		Accurate	
Hidden	S		Secret	
Mystery	S		Illusion	
Ancient	S		Modern	
Past	S		Future	
Cause	S		Effect	
Subject	S		Object	
Action	S		Reaction	
Output	S		Input	
Before	S		After	
Question	S		Answer	
Why	S		Because	
Problem	S		Solution	
East	S		North	
West	S		South	
Fire	S		Air	
Water	S		Earth	

HORIZONTAL		to	VERTICAL	
Spiritual	S		Physical	
Talent	S		Ability	
Blessed	S		Endowed	
Gifted	S		Skillful	
Deserving	S		Entitled	
Gratitude	S		Generosity	
Forgive	S		Absolve	
Grace	S		Beauty	
Discipline	S		Obedience	
Transmit	S		Deliver	
Vector	S		Scalar	
Velocity	S		Speed	
Displacement	S		Distance	
Similar	S		Differing	
This	S		That	
Either	S		Or	
With	S		Also	
And	S		Plus	
Same	S		Equal	
Option	S		Choice	
Consequence	S		Result	
Interpretation	S		Analysis	
Importance	S		Significance	
Symbolism	S		Meaning	
Rationalism	S		Empiricism	
Implication	S		Association	
Traditions	S		Customs	
Freedom	S		Liberty	
Hero	S		Survivor	
Obligation	S		Responsibility	
Beliefs	S		Practices	
Vision	S		Plan	
Dreams	S		Realizations	
Revelatory	S		Rational	
Illuminating	S		Instructive	
Heredity	S		Environment	
Nature	S		Nurture	
Subconscious	S		Conscious	
Meditation	S		Visualization	
Psychic	S		Cognitive	
Insight	S		Logic	
Intention	S		Thought	
Creation	S		Manifestation	
Intuition	S		Emotion	
Principle	S		Concept	
Father	S		Son	
Mother	S		Daughter	
Beginning	S		End	
God	S		Animal	
Man	S		Machine	
Mind	S		Matter	

1b (Duo-duality)

HORIZONTAL		to	VERTICAL	
Spiritual	G		Physical	
Soul	G		Body	
Heart	G		Mind	
Emotional	G		Logical	
Feelings	G		Thoughts	
Personal	G		Impersonal	
Subjectivity	G		Objectivity	
Feminine	G		Masculine	
Submissive	G		Dominant	
Flexible	G		Rigid	
Daijo	G		Shojo	
Weak	G		Strong	
Yielding	G		Persistent	
Meek	G		Courageous	
Internal	G		External	
Concept	G		Principle	
Potential	G		Actual	
Re-birth	G		Birth	
Inward	G		Outward	
Reflection	G		Expression	
Believing	G		Seeing	
Premonition	G		Indication	
Embody	G		Exemplify	
Relate	G		Interact	
Stillness	G		Movement	
Moon	G		Sun	
Spiritualism	G		Materialism	
Quality	G		Quantity	
Worthiness	G		Adequacy	
Alignment	G		Order	
Peaceful	G		Centered	
Compatible	G		Consistent	
Health	G		Wealth	
Faithful	G		Dependable	
Bride	G		Groom	
Ovum	G		Sperm	
Pistil	G		Stamen	
Her	G		Him	
Romance	G		Adventure	
Curiosity	G		Interest	
Elegant	G		Debonair	
Graceful	G		Nimble	
Detail	G		Accuracy	
Fashion	G		Architecture	
Form	G		Function	
Design	G		Technology	
Proportion	G		Symmetry	
Research	G		Development	
Aptitude	G		Performance	
Meaning	G		Information	
Relationship	G		Partnership	
Companion	G		Associate	
Security	G		Protection	

HORIZONTAL		to	VERTICAL	
Spiritual	G		Physical	
Abandonment	G		Rejection	
Dependency	G		Impairment	
Disagreement	G		Discrepancy	
Discouragement	G		Frustration	
Resistance	G		Block	
Hardship	G		Adversity	
Fear	G		Worry	
Pride	G		Prejudice	
Submission	G		Surrender	
Power	G		Force	
Pen	G		Sword	
Obedience	G		Discipline	
Forgiving	G		Lenient	
Nurturing	G		Supportive	
Caring	G		Thoughtful	
Empathy	G		Understanding	
Mercy	G		Justice	
Atonement	G		Restitution	
Reverence	G		Homage	
Approval	G		Validation	
Needed	G		Important	
Reason	G		Purpose	
Desire	G		Attitude	
Passion	G		Effort	
Love	G		Sex	
Imagination	G		Observation	
Spontaneous	G		Predictable	
Conceptual	G		Practical	
Inspiration	G		Perspiration	
Within	G		Without	
Input	G		Output	
Intention	G		Action	
Originality	G		Uniqueness	
Maturity	G		Growth	
Right Brain	G		Left Brain	
Wise	G		Smart	
Intuition	G		Reasoning	
Opinions	G		Conclusions	
Perception	G		Sensation	
Sensual	G		Sexual	
Magical	G		Wondrous	
Mysteries	G		Science Fiction	
Mysticism	G		Metaphysics	
Portray	G		Represent	
Endorse	G		Support	
Honor	G		Duty	
Loyalty	G		Dedication	
Patience	G		Persistence	
Opportunity	G		Challenge	
Say	G		Do	
Tell	G		Show	
Words	G		Deeds	

1b (Duo-duality)

<u>PATHWAYS TO LIGHT AND TRUTH</u>				
Characteristic	HORIZONTAL		VERTICAL	
Planetary Energy Fields: Sceptres Of The Great Spirits: Ancient Elements Of Life:	East-Tribal Wisdom-Why Fire-Aries	West-Individual Love-Who Water-Pisces	North-Symbolic Domain-How Air-Aquarius	South-Primal Might-What Earth-Taurus
Spiritual Purpose: Physical Goal:	Nirvana Order (Time)	Salvation Presence (Place)	Oneness Method (Ways)	Being Process (Means)
Spiritual Mysticism: Physical Mysticism:	Buddhism Incantation	Christianity Works of Wonder	Philosophy Wish Fulfillment	Occult Secret Knowledge
Spiritual Treatment: Physical Treatment:	Yoga Mantras	Miracles Sacraments	Teachings Affirmations	Initiations Rituals
Spiritual Path: Physical Path:	Meditation Charity	Prayer Purification	Visualization Training	Magic Service
Spiritual Cornerstone: Physical Cornerstone:	Truth-Honesty Desire-Self-expression	Faith-Trust Passion-Love	Belief-Focus Wellness-Attitude	Commitment-Motivation Abundance-Effort
Spiritual Alignment: Physical Alignment:	Soul Communication	Heart Connection	Mind Thought	Strength Experience
Spiritual Guide: Physical Guide:	Will Intuition	Conscience Emotion	Ego-Attention Perception-Reasoning	Instinct-Incentive Sensation-Action
Spiritual Block: Physical Block:	Judgment-Deception Addiction-Criticism	Despair-Resentment Sorrow-Anger	Pride-Denial Fear-Anxiety	Attachment-Blame Failure-Adversity
Spiritual Virtue: Physical Virtue:	Compassion Willpower	Forgiveness Unconditionality	Humility-Clarity Courage-Tranquility	Release-Innocence Persistence-Endurance
Spiritual Issue: Physical Issue:	Disclosure Selfishness	Repentance Suffering	Esteem-Acknowledgment Doubt-Inadequacy	Survival-Reparation Inability-Frustration
Spiritual Lesson: Physical Lesson:	Empathy-Righteousness Discipline-Generosity	Hope-Faithfulness Joyfulness-Peace	Worthiness-Openness Confidence-Validation	Self-reliance-Resolve Capability-Achievement
Spiritual Quality: Physical Quality:	Kindness Temperance	Patience Happiness	Self-assurance Fearlessness	Drive Tenacity
Spiritual Key: Physical Key:	Respect Options	Gratitude Consequences	Honor Choice	Duty Result
Spiritual Stage: Physical Stage:	Violence Discovery	Acceptance Loneliness	Love Recovery	Sex Growth
Spiritual Energy Center: Physical Energy Center:	5th Throat	4th Chest	3rd-6th Abdomen-Head	1st-2nd Legs-Pelvis

Figure 2 : The **Four Pathways to Light and Truth** and their defining **Spiritual and Physical Symbolic Attributes of Quadrality**.

For completeness in their study I have herein included out of order the charts for Symbolic Attributes of the Physical Model, which balance Positive to Negative. At the point in my book where the System of Quadrality and its Four Pathways were introduced, only the Symbolic Attributes of the Spiritual Model, which balance Spiritual to Physical, were needed to do so.

HORIZONTAL to VERTICAL			HORIZONTAL to VERTICAL		
Positive	P	Negative	Positive	P	Negative
White	P	Black	Proton	P	Electron
Good	P	Bad	Sky	P	Ground
True	P	False	Exalt	P	Humble
Honesty	P	Deception	Praise	P	Belittle
Truth	P	Lie	Glorify	P	Reville
Veracity	P	Hypocrisy	Honor	P	Shame
Health	P	Sickness	Blessing	P	Curse
Light	P	Darkness	Life	P	Death
Order	P	Chaos	Womb	P	Grave
Create	P	Destroy	Freedom	P	Imprisonment
Known	P	Unknown	Master	P	Slave
Certainty	P	Probability	Predator	P	Prey
Predictable	P	Random	Hunter	P	Hunted
Precise	P	Inexact	Prosperity	P	Scarcity
Explicit	P	Implicit	Triumph	P	Disaster
Denote	P	Connote	All	P	Nothing
Rational	P	Irrational	Day	P	Night
Sanity	P	Insanity	Good	P	Evil
Genius	P	Madness	Right	P	Wrong
Consonance	P	Dissonance	Pro	P	Con
Agreement	P	Conflict	Real	P	Fake
Commission	P	Omission	Validate	P	Refute
Merits	P	Faults	Prosecution	P	Defense
Advantage	P	Disadvantage	Civilized	P	Lawless
Strength	P	Weakness	Uphold	P	Defy
Prudent	P	Risky	Just	P	Unjust
Cautious	P	Impulsive	Fair	P	Prejudiced
Hope	P	Despair	Correct	P	Incorrect
Celebration	P	Mourning	Norm	P	Exception
Elation	P	Depression	Same	P	Different
Friends	P	Enemies	Homo-	P	Hetero-
Love	P	Hate	Inclusive	P	Exclusive
Heaven	P	Hell	Near	P	Far
Salvation	P	Damnation	Observer	P	Observed
Saved	P	Condemned	In	P	Out
Saint	P	Sinner	Take	P	Give
Pass	P	Fail	Attachment	P	Release
Rich	P	Poor	Dependent	P	Independent
Invest	P	Squander	Come	P	Go
Profit	P	Loss	Together	P	Apart
Reward	P	Punishment	Harmony	P	Discord
Patriot	P	Traitor	Symmetry	P	Disorder
Diplomacy	P	Terrorism	Balance	P	Instability
Victory	P	Defeat	Living	P	Dying
Offense	P	Defense	Make	P	Break
Favorite	P	Underdog	Doctor	P	Patient
Victor	P	Vanquished	Teacher	P	Student
Perpetrator	P	Victim	Expert	P	Layman
Impregnable	P	Vulnerable	Leader	P	Follower
Faithful	P	Unfaithful	Leave	P	Return
Even	P	Odd	There	P	Here
Left	P	Right	Forgiveness	P	Repentance
Receiving	P	Sending	Anabolic	P	Catabolic
Import	P	Export	Compose	P	Comprise
Pleasure	P	Wealth	Synthesis	P	Analysis
Sex	P	Money	Induction	P	Deduction

Figure 15 : The **Symbolic Attributes of Balance** for the *Physical Model*.

HORIZONTAL to VERTICAL			HORIZONTAL to VERTICAL		
Positive	P	Negative	Positive	P	Negative
Pleasure	P	Pain	New	P	Old
Comfort	P	Discomfort	Growth	P	Decay
Ease	P	Agitation	Spring	P	Fall
Patience	P	Anxiety	Warm	P	Cool
Attention	P	Neglect	Fire	P	Ice
Remember	P	Forget	Hot	P	Cold
Careful	P	Negligent	Summer	P	Winter
Effective	P	Useless	Birth	P	Death
Treasure	P	Trash	Start	P	Finish
Beautiful	P	Ugly	Child	P	Adult
Sweet	P	Sour	Young	P	Old
Sugar	P	Salt	New	P	Used
Present	P	Absent	Closed	P	Open
Employment	P	Unemployment	Circle	P	Line
Generous	P	Selfish	Spherical	P	Cubic
Yours	P	Mine	Boundary	P	Edge
Loan	P	Borrow	First	P	Last
To	P	From	Progression	P	Regression
Deposit	P	Withdrawal	Insert	P	Remove
Give	P	Receive	Redundant	P	Inadequate
Poor	P	Rich	Required	P	Superfluous
Asceticism	P	Hedonism	Multiply	P	Divide
Temperance	P	Indulgence	Add	P	Subtract
Cheap	P	Expensive	Sum	P	Difference
Chaste	P	Unchaste	Allow	P	Refuse
Spirit	P	Flesh	Substantiate	P	Contradict
Pleasant	P	Disagreeable	Admit	P	Refute
Mature	P	Immature	Encourage	P	Discourage
Peak	P	Trough	Like	P	Dislike
Apex	P	Foundation	Acceptance	P	Rejection
God	P	Animal	Confidence	P	Doubt
Man	P	Machine	Courage	P	Fear
Fire	P	Water	Fight	P	Flight
Air	P	Earth	Willingness	P	Reluctance
Man	P	Woman	Whatever	P	Depends
Intellect	P	Emotion	Serenity	P	Strife
Frequency	P	Harmonic	Calm	P	Storm
Meaning	P	Symbolism	Opportunity	P	Hindrance
Obvious	P	Seeming	Challenge	P	Handicap
Science	P	Religion	Capability	P	Disability
Masculine	P	Feminine	Condition	P	Limitation
Virility	P	Femininity	Announcement	P	Warning
Resilient	P	Delicate	Purchase	P	Steal
Aggression	P	Passivity	Righteous	P	Scoundrel
Dominant	P	Submissive	Christ	P	Antichrist
Husband	P	Wife	Hero	P	Villain
Father	P	Mother	Command	P	Forbid
Son	P	Daughter	Insist	P	Prohibit
Brother	P	Sister	Order	P	Obey
Power	P	Control	Speak	P	Listen
Supply	P	Demand	Gravity	P	Electromagnetism
Practitioner	P	Client	Unify	P	Polarize
Ways	P	Means	Matter	P	Force
Choice	P	Result	Brain	P	Brawn
Spoken	P	Written	Why	P	How
Slander	P	Libel	Who	P	What

Figure 15

HORIZONTAL to VERTICAL			HORIZONTAL to VERTICAL		
Positive	P	Negative	Positive	P	Negative
Macrocosm	P	Microcosm	God	P	Satan
Big	P	Small	Divine	P	Demonic
More	P	Less	Angel	P	Devil
Better	P	Worse	Rescue	P	Endanger
Hit	P	Miss	Peace	P	War
Win	P	Lose	Tranquility	P	Turmoil
Fair	P	Foul	Stillness	P	Movement
Dream	P	Nightmare	Noun	P	Verb
Medicine	P	Poison	Adjective	P	Adverb
Beneficial	P	Harmful	Preposition	P	Conjunction
Practical	P	Frivolous	Rest	P	Motion
Justice	P	Vengeance	Gentleness	P	Violence
Mercy	P	Retribution	Civility	P	Profanity
Absolve	P	Blame	Marriage	P	Divorce
Relaxation	P	Stress	Success	P	Failure
Yielding	P	Persistent	Loyalty	P	Betrayal
Mobile	P	Immobile	Trust	P	Suspicion
Animate	P	Inanimate	Fix	P	Break
Enthusiasm	P	Apathy	Agree	P	Disagree
Willing	P	Stubborn	Assumption	P	Deduction
Compromising	P	Insistent	Instinct	P	Experience
Always	P	Never	Criteria	P	Data
Go	P	Stop	Reason	P	Excuse
Loud	P	Quiet	Acknowledge	P	Deny
With	P	Without	Accountability	P	Disavowal
Remember	P	Forget	Innocence	P	Guilt
Found	P	Lost	Acquit	P	Convict
Trial	P	Error	Reveal	P	Conceal
Corrections	P	Mistakes	Release	P	Attachment
Consistency	P	Disparity	Push	P	Pull
Clarify	P	Confuse	Gratitude	P	Envy
Gain	P	Loss	Kindness	P	Cruelty
Luck	P	Hardship	Sweet	P	Bitter
Easy	P	Difficult	Virtue	P	Vice
Simple	P	Complex	Benevolent	P	Malevolent
Deliberate	P	Accidental	Comedy	P	Tragedy
Anxious	P	Hesitant	Joy	P	Sorrow
Participant	P	Spectator	Bliss	P	Misery
Opinionated	P	Uncommitted	Happiness	P	Sadness
Persistent	P	Yielding	Fun	P	Drudgery
Hard	P	Soft	Ecstasy	P	Suffering
Acid	P	Base	Purification	P	Illness
Heavy	P	Light	Activist	P	Pacifist
Long	P	Short	Accelerate	P	Decelerate
Dense	P	Sparse	Progress	P	Stagnation
Many	P	Few	Industrious	P	Lazy
Full	P	Empty	Work	P	Play
Both	P	Neither	Make	P	Use
And	P	Not	Earn	P	Spend
Also	P	But	Asset	P	Liability
Both	P	Either	Join	P	Separate
Or	P	Neither	Lock	P	Key
Plus	P	Minus	Smooth	P	Rough
From	P	To	Placid	P	Turbulent
Removal	P	Placement	Shine	P	Rain
Nothing	P	All	Matter	P	Antimatter

Figure 15

HORIZONTAL to VERTICAL			HORIZONTAL to VERTICAL		
Positive	P	Negative	Positive	P	Negative
Pure	P	Tainted	On	P	Off
Perfect	P	Flawed	Active	P	Passive
Consider	P	Dismiss	Sun	P	Moon
Yes	P	No	God	P	Goddess
Can	P	Can't	Yang	P	Yin
Will	P	Won't	Shojo	P	Daijo
Best	P	Worst	Nonchange	P	Change
Most	P	Least	Stay	P	Go
High	P	Low	Chalk	P	Eraser
Over	P	Under	Insistent	P	Compromising
Front	P	Rear	Compress	P	Inflate
Forward	P	Backward	Tight	P	Loose
Ahead	P	Behind	Contract	P	Expand
Older	P	Younger	Centripetal	P	Centrifugal
Parent	P	Child	Concave	P	Convex
See	P	Hear	Vertical	P	Horizontal
Eyes	P	Ears	Columns	P	Rows
Nose	P	Mouth	Duo-duality	P	Root Duality
Smell	P	Taste	Relationable	P	Exclusionary
Animal	P	Vegetable	Means	P	Extremes
Carnivore	P	Herbivore	Interaction	P	Separation
Extrovert	P	Introvert	Teamwork	P	Competition
Outgoing	P	Shy	Reflection	P	Refraction
Gregarious	P	Withdrawn	Perpendicular	P	Parallel
Abundance	P	Lack	Transverse	P	Longitudinal
Plethora	P	Paucity	Electromagnetic	P	Mechanical
Wealth	P	Poverty	Light	P	Sound
Expensive	P	Cheap	Radiant	P	Resonant
Credits	P	Debts	Lightning	P	Thunder
Absorb	P	Emit	Radar	P	Sonar
Rise	P	Fall	Fast	P	Slow
Above	P	Below	Alter	P	Copy
Heads	P	Tails	Variable	P	Fixed
Top	P	Bottom	Software	P	Hardware
Up	P	Down	Tools	P	Parts
North	P	South	Motor	P	Generator
East	P	West	Egg	P	Chicken
Inside	P	Outside	Them	P	Us
Conscience	P	Conformity	Collective	P	Self
Subjectivism	P	Objectivism	Culture	P	Identity
Mind	P	Body	Expand	P	Contract
Soul	P	Heart	Out	P	In
Compassion	P	Forgiveness	Advance	P	Retreat
Discipline	P	Obedience	Go	P	Come
Volume	P	Density	Far	P	Near
Terms	P	Definitions	Anonymity	P	Fame
Royalty	P	Commoner	Liberating	P	Restrictive
Monarchy	P	Republic	Expression	P	Reflection
Luxury	P	Necessity	Meaning	P	Interpretation
Management	P	Labor	Evident	P	Latent
Development	P	Finance	Literal	P	Figurative
Democrat	P	Republican	Science	P	Magic
Liberal	P	Conservative	Explainable	P	Unexplainable
Catholic	P	Protestant	Something	P	Nothing
Physical	P	Spiritual	Sound	P	Silence
Infinity	P	Eternity	Dynamic	P	Static

Figure 15

HORIZONTAL to VERTICAL			HORIZONTAL to VERTICAL		
Positive	P	Negative	Positive	P	Negative
Spiritual	P	Physical	For	P	Against
Miracle	P	Mirage	Betterment	P	Detriment
Believer	P	Skeptic	Help	P	Hinder
Heretical	P	Delusional	Tools	P	Weapons
Martyrdom	P	Suicide	Enable	P	Disable
Surrender	P	Submission	Valid	P	Invalid
Block	P	Resistance	Congruence	P	Paradox
Temptation	P	Trap	Comparative	P	Oppositional
Hunger	P	Thirst	Synonym	P	Antonym
Decay	P	Corruption	Empowerment	P	Victimization
Liar	P	Thief	Elation	P	Depression
Sinner	P	Criminal	Impartial	P	Biased
Damnation	P	Incarceration	Express	P	Suppress
Ill Feeling	P	Limiting Belief	Instructions	P	Restrictions
Reluctance	P	Disinclination	Superego	P	Id
Apathy	P	Indecision	Originality	P	Duplication
Desires	P	Expectations	Tomorrow	P	Yesterday
Dependency	P	Requirement	Future	P	Past
Addiction	P	Attachment	After	P	Before
Compulsion	P	Habit	Reaction	P	Action
Woundology	P	Coping Mechanism	Now	P	Then
Rejection	P	Failure	Reality	P	Illusion
Won't	P	Can't	Fact	P	Fiction
Resistance	P	Block	Song	P	Dance
Denial	P	Deception	Melody	P	Lyrics
Selfishness	P	Greed	Prose	P	Poetry
Mine	P	Yours	Rhyme	P	Cadence
Wedding	P	Funeral	Tempo	P	Meter
Romantic	P	Cynical	Pulse	P	Beat
Profitable	P	Bankrupt	Music	P	Mathematics
Merge	P	Diverge	Information	P	Energy
Attraction	P	Repulsion	Phase	P	Spin
Inclusion	P	Separatism	Charge	P	Moment
Fame	P	Anonymity	Time	P	Place
Vitality	P	Fatigue	When	P	Where
Prolific	P	Unproductive	Integrate	P	Segregate
Proactive	P	Reactive	Paste	P	Cut
Fertile	P	Infertile	Combine	P	Spilt
Existential	P	Illusory	Mortar	P	Bricks
Smart	P	Dumb	Judge	P	Jury
Understanding	P	Ignorance	Seeing	P	Seen
Serendipity	P	Misfortune	Arrival	P	Departure
Worthy	P	Undeserving	Hello	P	Goodbye
Sustain	P	Mute	Enter	P	Exit
Major	P	Minor	Sooner	P	Later
Augmented	P	Diminished	Wide	P	Deep
Sharp	P	Flat	Record	P	Playback
Soprano	P	Bass	Inhale	P	Exhale
Alto	P	Tenor	Buy	P	Sell
Tone	P	Volume	Contribution	P	Deduction
Distance	P	Speed	Optimist	P	Pessimist
Size	P	Duration	Should	P	Shouldn't
Ruler	P	Clock	Solution	P	Problem
Inch	P	Second	Conversion	P	Reversion
Space	P	Time	Holism	P	Reductionism
Singularity	P	Zero Moment	Whole	P	Parts

Figure 15